

An itinerary of holiness and apostolate according to Charism of Don Bosco

International Congresses of Mary Help of Christians

Salesian Family meetings promoted by ADMA.

Eight events from Turin, 1988 to Buenos Aires, 2019.

We're waiting for you in 2024 in Fatima!

Communion and Communication

www.admadonbosco.org

All ADMA updates and resources.

ADMA online

Monthly educational and communion bulletin

available in 8 languages: Italian, Spanish,

French, English, Portuguese, Polish, Slovenian and Korean.

Mary Help of Christians books

Free books dedicated to devotion to Mary Help of Christians downloadable from the website.

"Our Lady wants that we honour her under the title of Help of Christians: The times are so challenging that we really need the Blessed Virgin to help us preserve and defend the Christian faith."
(Don Bosco to Fr. Cagliero)

We want to live according to the example of "Mary who prays, pleads and intercedes as a tender and merciful Mother, because it is typical of mercy to see the needs of others as our own. Care and diligence in preventing and providing; a timely assistance and at the right time, because it is the expression and fruit of the intimate union of the Mother with the Son in the work of salvation"

(Don Bosco: Wonders of the Mother of God)

ADMA Primaria

Via Maria Ausiliatrice 32

10152 Torino

adma@admadonbosco.org

www.admadonbosco.org

www.facebook.com/donboscoadma

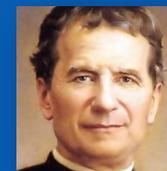
www.instagram.com/admadonbosco/

«Devotion is nothing else but that spiritual alertness and vivacity which enables us to cooperate with charity promptly and wholeheartedly.»

Saint Francis of Sales

"Don Bosco, aware of our struggles and weakness, went a step further, an even better one: we are not devotees in a general sense but Devotees of Mary Help of Christians. In his experience, the gift of the love that unites us to the Father and to the Son (grace) and which leads to action (charity), passes explicitly, almost tangibly through the maternal mediation of Mary.

Fr Ángel Fernández Artime



www.admadonbosco.org



Don Bosco founded the Association of Mary Help of Christians (ADMA) on April 18, 1869 at the Shrine of Mary Help of Christians of Valdocco (Torino), as the second group of his mission, in order to involve lay people in the spirituality and mission of the Salesian Family.

«The memory of St John Bosco is alive in the Church. He is remembered as the founder of the Salesian Congregation, the Daughters of Mary Help of Christians, the Association of the Salesian Cooperators, the Association of Mary Help of Christians and as the father of the present-day Salesian Family»

Pope Francis

Why did don Bosco found ADMA?

To share the grace

Don Bosco recognizes the support of Mary and, amazed by the countless graces that people attributed to Our Lady during the construction of the Basilica, decides to found the ADMA.

To spread the faith

Don Bosco feels he must defend the faith of the people, radiating veneration to Jesus in the Eucharist and devotion to the Virgin (the two columns) in the world also through ADMA.

ADMA in the world

ADMA is present in 50 countries around the world with about 800 groups affiliated to the Turin Primary ADMA. Each group in the world interprets its own local reality and "actualizes" fidelity to Don Bosco's charism by living a journey of holiness and simplicity in everyday life.

What moves us?

You are the light of the world (Mt. 5:14)

This is what moves us!

The desire to be light, to spread grace and to bear witness to what we have experienced: the beauty of entrusting our life to Jesus through Mary.

What do we live?

We are all called to holiness. It is a journey.

We become saints together!

We follow simple paths of Christian formation, prayer, apostolate and service, with a family style, together.

Prayer

Source of life and hope.

We live and spread devotion to the Eucharist and to Mary Help of Christians. We value participation in the liturgical life, in the Eucharist and in reconciliation.

Education

We propose simple paths of Christian formation to all.

Life

Let us try to imitate Mary in living the "daily spirituality".

Let us try to cultivate a Christian environment of hospitality and solidarity in the family and in the places of work.

Apostolate e service

We practice compassion for the young and the poorest and most needy families.

We collaborate in the life of the local communities in which we live

We contribute to the Salesian mission with a family spirit.

“Entrust, confide, smile!”

Deliveries by the Rector Major in the 150th year of the ADMA foundation

Letting ourselves be guided by the Holy Spirit for a renewed evangelising and educational impulse and anchored to the two pillars of the Eucharist and devotion to Mary Help of Christians.

Living a journey of holiness in the family

spiritually accompanied, giving a positive witness, mainly with our perseverance in love between spouses, parents and children, brothers and sisters, young and old, desiring and seeking the good of others.

Taking Our Mother Mary home

with special attention to the family and to the new generations, fostering and caring for personal friendship, openness to all and a spirit of service, making Mary's profoundly evangelical attitudes our own.

Offering an itinerary of sanctification and of apostolate

which is simple and accessible to all.

There is no way to holiness without the Eucharist

which is the key to the radical conversion of the heart to the love of God.

Entrusting in Mary

The condition for living the baptismal grace and maturing it through the journey of faith, convinced that she takes us "by the hand" to lead us to an encounter with her Son Jesus.