

The cricket and the Coin

A wise man from India had a close friend who lived in Milan. They had met in India, where the Italian had gone with his family on a tourist trip. The Indian had acted as a guide for the Italian, taking them to explore the most characteristic corners of his homeland.

Grateful, the Milanese friend had invited the Indian to his home. He wanted to return the favour and introduce him to his city. The Indian was very reluctant to leave, but then gave in to his Italian friend's insistence and one fine day he disembarked from a plane at Malpensa.

The next day, the Milanese and the Indian were walking through the city centre. The Indian, with his chocolate-coloured face, black beard and yellow turban attracted the gaze of passers-by, and the Milanese man walked around proud to have such an exotic friend.

Suddenly, in Piazza San Babila, the Indian stopped and asked, "Do you hear what I hear?" The Milanese, a little bewildered, strained his ears as much as he could, but admitted that he heard nothing but the great noise of the city traffic.

"There is a cricket singing nearby," the Indian continued, confidently.

"You are wrong," replied the Milanese. "I only hear the noise of the city. Besides, there can't be crickets around here."

"I am not mistaken. I hear the song of a cricket," retorted the Indian and resolutely started searching among the leaves of some shrunken saplings. After a while he pointed out to his friend, who was watching him sceptically, a small insect, a splendid singing cricket, which was cowering and grumbling at those disturbing his concert.

"Did you see that there was a cricket there?" said the Indian.

"It's true," admitted the Milanese. "You Indians have much sharper hearing than us Whites..."

"This time it is you who are wrong," smiled the wise Indian.

“Be careful....” The Indian pulled a coin out of his pocket and pretending not to notice, dropped it on the pavement.

Immediately four or five people turned to look.

“Did you see that?” the Indian explained. “This coin’s jungle was more thinner and fainter than the cricket’s trill. Yet have you noticed how many Whites heard it?”

“Where your treasure is, there will your heart be also.”

The Syndrome of Philip and the Syndrome of Andrew

In the Gospel account of John, chapter 6, verses 4-14, which recounts the multiplication of the loaves, there are certain details that I dwell on at length whenever I meditate on or comment on this passage.

It all begins when, faced with the ‘large’ hungry crowd, Jesus invites His disciples to take responsibility for feeding them. The details I refer to are, first, when Philip says it is impossible to answer this call due to the sheer number of people present. Andrew, on the other hand, points out that “there is a boy here who has five barley loaves and two fish,” only to dismiss the possibility with a simple remark, “but what are these for so many?” (v.9).

I simply wish to share with you, dear readers, how we Christians—who are called to share the joy of our faith—can sometimes, unknowingly, be affected by either Philip’s syndrome or Andrew’s syndrome. At times, perhaps, even by both!

In the life of the Church, as well as in the life of the

Salesian Congregation and Family, challenges are never lacking and never will be. Ours is not a call to form a group where people merely seek to be comfortable, without disturbing, and without being disturbed. It is not an experience of pre-packaged certainties. Belonging to the body of Christ must not distract us or remove us from the reality of the world as it is. On the contrary, it urges us to be fully engaged in the events of human history. This means first and foremost, looking at reality not only with human eyes but also, and above all, with the eyes of Jesus. We are called to respond guided by love, which finds its source in the heart of Jesus—that is, to live for others as Jesus teaches us and shows us.

Philip's Syndrome

Philip's syndrome is subtle, and for this reason, it is also very dangerous. His analysis is correct and accurate. His response to Jesus' invitation is not wrong. His reasoning follows a very straightforward and flawless human logic. He looked at reality with his human eyes, with a rational mind, and concluded that it was unfeasible. Faced with this "calculated" approach, the hungry person ceases to concern me—the problem is theirs, not mine. To be more precise in light of our daily experiences, the refugee could have stayed home; they shouldn't bother me. The poor and the sick must deal with their own issues, and it's not my place to be part of their problem, much less to find them a solution. This is Philip's syndrome. He is a follower of Jesus, yet his way of seeing and interpreting reality remains stagnant, unchallenged, light-years away from that of his Master.

Andrew's Syndrome

Then there is Andrew's syndrome. I wouldn't say it's worse than Philip's, but it comes close to being more tragic. It is a subtle and cynical syndrome; it sees some possible opportunity but doesn't go further. There is a tiny glimmer of hope, but humanly speaking, it's unworkable. So, both the gift

and the giver are disqualified. And the giver, who in this case has the 'misfortune' of being a boy, is simply willing to share what he has!

These two syndromes are still with us today, in the Church and even among us pastors and educators. Crushing a small hope is easier than making room for God's surprise—a surprise that can make even the smallest hope blossom. Allowing ourselves to be conditioned by dominant clichés, avoiding opportunities that challenge reductive interpretations, is a constant temptation. If we're not careful, we become prophets and executors of our own downfall. By stubbornly clinging to a human logic—'academically' refined and 'intellectually' qualified—the space for an evangelical reading becomes increasingly limited and eventually disappears.

When this human and horizontal logic is challenged, one of the defensive reactions it provokes is that of 'ridicule.' Those who dare to defy human logic by letting in the fresh air of the Gospel will be mocked, attacked, and ridiculed. When this happens, strangely enough, we can say we are on a prophetic path. The waters are stirring.

Jesus and the Two Syndromes

Jesus overcomes both syndromes by "taking" the loaves, which were considered too few and therefore irrelevant. He opens the door to that prophetic and faithful space we are called to inhabit. Faced with the crowd, we cannot settle for self-referential readings and interpretations. Following Jesus means going beyond human reasoning. We are called to look at challenges through His eyes. When Jesus calls us, He does not ask for solutions but for the gift of our whole selves—with all that we are and all that we have. Yet, the risk is that, faced with His call, we remain stuck, enslaved by our own thinking and clinging to what we believe we possess.

Only in generosity, grounded in abandonment to His Word, do we come to gather the abundance of Jesus' providential action. "So, they gathered them up and filled twelve baskets with fragments from the five barley loaves left by those who had

eaten" (v.13). The boy's small gift bears astonishing fruit only because the two syndromes did not have the final word.

Pope Benedict XVI commented on the boy's gesture, "In the scene of the multiplication, the presence of a boy is also noted, who, faced with the difficulty of feeding so many people, shares the little he has: five loaves and two fish. The miracle does not come from nothing, but from an initial modest sharing of what a simple boy had with him. Jesus does not ask for what we do not have, but shows us that if each one offers the little they have, the miracle can always happen anew. God can multiply our small gesture of love and make us sharers in His gift" (*Angelus*, 29 July 2012).

Faced with the pastoral challenges before us, faced with the deep thirst and hunger for spirituality that young people express, let us not be afraid, let us not cling to our own things or ways of thinking. Let us offer the little we have to Him, trusting in the light of His Word—and may this, and only this, be the enduring criterion of our choices and the guiding light of our actions.

Photo: Evangelical miracle of the multiplication of loaves and fishes, stained glass window at Tewkesbury Abbey in Gloucestershire (United Kingdom), an 1888 work created by Hardman & Co

Educating the Human Heart with Saint Francis de Sales

St. Francis de Sales places the heart at the centre of human formation, as the seat of will, love, and freedom. Drawing from the biblical tradition and engaging with the philosophy

and science of his time, the Bishop of Geneva identifies the will as the “master faculty” capable of governing passions and senses, while affections—especially love—fuel its inner dynamism. Salesian education therefore aims to transform desires, choices, and resolutions into a path of self-mastery, where gentleness and firmness come together to guide the whole person toward the good.

At the centre and pinnacle of the human person, Saint Francis de Sales places the heart, to the point that he says: “Whoever conquers the heart of a man conquers the whole man.” In Salesian anthropology, one cannot help but notice the abundant use of the term and concept of the *heart*. This is even more surprising because among the humanists of the time, steeped in languages and thoughts drawn from antiquity, there does not seem to be a particular emphasis on this symbol.

On one hand, this phenomenon can be explained by the common, universal use of the noun “*heart*” to designate the inner self of a person, especially in reference to their sensitivity. On the other hand, Francis de Sales owes much to the biblical tradition, which considers the heart as the seat of the highest faculties of man, such as love, will, and intelligence.

To these considerations, one might perhaps add contemporary anatomical research concerning the *heart* and blood circulation. What is important for us is to clarify the meaning that Francis de Sales attributed to the heart, starting from his vision of the human person whose centre and apex are will, love, and freedom.

The Will, the Master Faculty

Alongside the faculties of the spirit, such as intellect and memory, we remain within the realm of knowing. Now it is time to delve into that of acting. As Saint Augustine and certain philosophers like Duns Scotus had already done, Francis de Sales assigns the first place to the will, probably under the influence of his Jesuit teachers. It

is the will that must govern all the "powers" of the soul. It is significant that the *Teotimo* begins with the chapter titled: "How, because of the beauty of human nature, God gave the will the governance of all the faculties of the soul." Quoting Saint Thomas, Francis de Sales affirms that man has "full power over every kind of accident and event" and that "the wise man, that is, the man who follows reason, will become the absolute master of the stars." Along with intellect and memory, the will is "the third soldier of our spirit and the strongest of all, because nothing can overpower the free will of man; even God who created it does not want to force or violate it in any way."

However, the will exercises its authority in very different ways, and the obedience due to it is considerably variable. Thus, some of our limbs, not hindered from moving, obey the will without problem. We open and close our mouths, move our tongues, hands, feet, eyes at our pleasure and as much as we want. The will exerts power over the functioning of the five senses, but it is an indirect power: to not see with the eyes, I must turn them away or close them; to practice abstinence, I must command the hands not to bring food to the mouth.

The will can and must dominate the sensitive appetite with its twelve passions. Although it tends to behave like "a rebellious, seditious, restless subject," the will can and must sometimes dominate it, even at the cost of a long struggle. The will also has power over the higher faculties of the spirit, memory, intellect, and imagination, because it is the will that decides to apply the spirit to this or that object and to divert it from this or that thought; but it cannot regulate and make them obey without difficulty, since the imagination is extremely "changeable and fickle."

But how does the will function? The answer is relatively easy if one refers to the Salesian model of meditation or mental prayer, with its three parts: "considerations," "affections," and "resolutions." The first consist of reflecting and meditating on a good, a truth, a value. Such reflection

normally produces affections, that is, strong desires to acquire and possess that good or value, and these affections are capable of "moving the will." Finally, the will, once "moved," produces the "resolutions."

The "affections" that move the will

The will, being considered by Francis de Sales as an "appetite," is an "affective faculty." But it is a rational appetite, not a sensitive or sensual one. The appetite produces motions, and while those of the sensitive appetite are ordinarily called "passions," those of the will are called "affections," as they "*press*" or "*move*" the will. The author of the *Teotimo* also calls the former "passions of the body" and the latter "affections of the heart." Moving from the sensitive realm to the rational one, the twelve passions of the soul transform into reasonable affections.

In the different meditation models proposed in the *Introduction to the Devout Life*, the author invites Filotea, through a series of vivid and meaningful expressions, to cultivate all forms of voluntary affections: love of the good ("turn one's heart toward," "become attached," "embrace," "cling," "join," "unite"); *hatred* of evil ("detest," "break every bond," "trample"); *desire* ("aspire," "implore," "invoke," "beg"); *flight* ("despise," "separate," "distance," "remove," "abjure"); *hope* ("come on then! Oh my heart!"); *despair* ("oh! my unworthiness is great!"); *joy* ("rejoice," "take pleasure"); *sadness* ("grieve," "be confused," "lower oneself," "humble oneself"); *anger* ("reproach," "push away," "root out"); *fear* ("tremble," "frighten the soul"); *courage* ("encourage," "strengthen"); and finally *triumph* ("exalt," "glorify").

The Stoics, deniers of the passions—but wrongly—admitted the existence of these reasonable affections, which they called "*eupathies*" or good passions. They affirmed "that the wise man did not lust, but willed; that he did not feel joy, but

gladness; that he was not subject to fear, but was prudent and cautious; therefore, he was driven only by reason and according to reason.”

Recognizing the role of affections in the decision-making process seems indispensable. It is significant that the meditation intended to culminate in resolutions reserves a central role for them. In certain cases, explains the author of the *Filotea*, one can almost omit or shorten the considerations, but the affections must never be missing because they are what motivate the resolutions. When a good affection arises, he wrote, “one must let it run free and not insist on following the method I have indicated,” because considerations are made only to excite the affection.

Love, the First and Principal “Affection”

For Saint Francis de Sales, love always appears first both in the list of passions and in that of affections. What is love? Jean-Pierre Camus asked his friend, the bishop of Geneva, who replied: “Love is the first passion of our sensitive appetite and the first affection of the rational one, which is the will; since our will is nothing other than the love of good, and love is willing the good.”

Love governs the other affections and enters the heart first: “Sadness, fear, hope, hatred, and the other affections of the soul do not enter the heart unless love drags them along.” Following Saint Augustine, for whom “to live is to love,” the author of the *Teotimo* explains that the other eleven affections that populate the human heart depend on love: “Love is the life of our heart [...]. All our affections follow our love, and according to it *we desire, delight, hope and despair, fear, encourage ourselves, hate, flee, grieve, get angry, feel triumphant.*”

Curiously, the will has primarily a passive dimension, while love is the active power that moves and stirs. The will does not decide unless it is moved by a predominant stimulus: love. Taking the example of iron attracted by a magnet, one must say that the will is the iron and love the magnet.

To illustrate the dynamism of love, the author of the *Teotimo* also uses the image of a tree. With botanical precision, he analyses the “five main parts” of love, which is “like a beautiful tree, whose root is the suitability of the will with the good, the stump is pleasure, the trunk is tension, the branches are the searches, attempts, and other efforts, but only the fruit is union and enjoyment.”

Love imposes itself even on the will. Such is the power of love that, for the one who loves, nothing is difficult, “for love nothing is impossible.” Love is as strong as death, repeats Francis de Sales with the *Song of Songs*; or rather, love is stronger than death. Upon reflection, man is worth only for love, and all human powers and faculties, especially the will, tend toward it: “God wants man only for the soul, and the soul only for the will, and the will only for love.”

To explain his thought, the author of the *Teotimo* resorts to the image of the relationship between man and woman, as it was codified and lived in his time. The young woman, from among the suitors can choose the one she likes best. But after marriage, she loses her freedom and, from mistress, becomes subject to the authority of her husband, remaining bound to the one she herself chose. Thus, the will, which has the choice of love, after embracing one, remains subject to it.

The struggle of the will for inner freedom

To will is to choose. As long as one is a child, one is still entirely dependent and incapable of choosing, but as one grows up, things soon change and choices become unavoidable. Children are neither good nor bad because they are not able to choose between good and evil. During childhood, they walk like those leaving a city and for a while go straight ahead; but after a while, they discover that the road splits in two directions; it is up to them to choose the right or left path at will, to go where they want.

Usually, choices are difficult because they require giving up one good for another. Typically, the choice must be made

between what one feels and what one wants, because there is a great difference between feeling and consenting. The young man tempted by a "loose woman," as Saint Jerome speaks of, had his imagination "exceedingly occupied by such a voluptuous presence," but he overcame the trial with a pure act of superior will. The will, besieged on all sides and pushed to give its consent, resisted sensual passion.

Choice also arises in the face of other passions and affections: "Trample underfoot your sensations, distrusts, fears, aversions," advises Francis de Sales to someone he guided, asking them to side with "inspiration and reason against instinct and aversion." Love uses the strength of the will to govern all faculties and all passions. It will be an "armed love," and such armed love will subdue our passions. This free will "resides in the highest and most spiritual part of the soul" and "depends on nothing but God and oneself; and when all other faculties of the soul are lost and subjected to the enemy, only it remains master of itself so as not to consent in any way."

However, choice is not only about the goal to be reached but also about the intention that governs the action. This is an aspect to which Francis de Sales is particularly sensitive because it touches on the quality of acting. Indeed, the pursued end gives meaning to the action. One can decide to perform an act for many reasons. Unlike animals, "man is so master of his human and reasonable actions as to perform them all for an end"; he can even change the natural end of an action by adding a secondary end, "as when, besides the intention to help the poor to whom alms are given, he adds the intention to oblige the indigent to do the same." Among pagans, intentions were rarely disinterested, and in us, intentions can be tainted "by pride, vanity, temporal interest, or some other bad motive." Sometimes "we pretend to want to be last and sit at the end of the table, but to pass with more honour to the head of the table."

"Let us then purify, Teotimo, while we can, all our intentions," asks the author of the *Treatise on the Love of*

God. Good intention “animates” the smallest actions and simple daily gestures. Indeed, “we reach perfection not by doing many things, but by doing them with a pure and perfect intention.” One must not lose heart because “one can always correct one’s intention, purify it, and improve it.”

The fruit of the will is “resolutions”

After highlighting the passive character of the will, whose first property consists in being drawn toward the good presented by reason, it is appropriate to show its active aspect. Saint Francis de Sales attaches great importance to the distinction between affective will and effective will, as well as between affective love and effective love. Affective love resembles a father’s love for the younger son, “a little charming child still a baby, very gentle,” while the love shown to the elder son, “a grown man now, a good and noble soldier,” is of another kind. “The latter is loved with effective love, while the little one is loved with affective love.”

Similarly, speaking of the “steadfastness of the will,” the bishop of Geneva states that one cannot be content with “sensible steadfastness”; an “effective steadfastness” located in the higher part of the spirit is necessary. The time comes when one must no longer “speculate with reasoning,” but “harden the will.” “Whether our soul is sad or joyful, overwhelmed by sweetness or bitterness, at peace or disturbed, bright or dark, tempted or calm, full of pleasure or disgust, immersed in dryness or tenderness, burned by the sun or refreshed by dew,” it does not matter; a strong will is not easily diverted from its purposes. “Let us remain firm in our purposes, inflexible in our resolutions,” asks the author of *Filotea*. It is the master faculty on which the value of the person depends: “The whole world is worth less than one soul, and a soul is worth nothing without our good purposes.”

The noun “resolution” indicates a decision reached at the end of a process involving reasoning with its capacity to discern and the heart, understood as an affectivity moved by an

attractive good. In the “authentic declaration” that the author of *Introduction to the Devout Life* invites *Filotea* to pronounce, it reads: “This is my will, my intention, and my decision, inviolable and irrevocable, a will that I confess and confirm without reservations or exceptions.” A meditation that does not lead to concrete acts would be useless.

In the ten *Meditations* proposed as a model in the first part of *Filotea*, we find frequent expressions such as: “I want,” “I no longer want,” “yes, I will follow inspirations and advice,” “I will do everything possible,” “I want to do this or that,” “I will make this or that effort,” “I will do this or that thing,” “I choose,” “I want to take part,” or “I want to take the required care.”

The will of Francis de Sales often assumes a passive aspect; here, however, it reveals all its extremely active dynamism. It is therefore not without reason that one has spoken of Salesian voluntarism.

Francis de Sales, educator of the human heart

Francis de Sales has been considered an “admirable educator of the will.” To say he was an admirable educator of the human heart means roughly the same thing but with the addition of an affective nuance, characteristic of the Salesian conception of the heart. As we have seen, he neglected no component of the human being: the body with its senses, the soul with its passions, the spirit with its faculties, particularly intellectual. But what matters most to him is the human heart, about which he wrote to a correspondent: “It is therefore necessary to cultivate with great care this beloved heart and spare nothing that can be useful to its happiness.”

Now, the human heart is “restless,” according to Saint Augustine’s saying, because it is full of unfulfilled desires. It seems never to have “rest or tranquillity.” Francis de Sales then proposes an education of desires as well. A. Ravier also spoke of a “discernment or a politics of desire.” Indeed, the main enemy of the will “is the quantity of desires we have

for this or that thing. In short, our will is so full of demands and projects that very often it does nothing but waste time considering them one after another or even all together, instead of getting to work to realize the most useful one."

A good teacher knows that to lead his pupil toward the proposed goal, whether knowledge or virtue, it is essential to present a project that mobilizes his energies. Francis de Sales proves to be a master in the art of motivation, as he teaches his "daughter," Jeanne de Chantal, one of his favourite maxims: "One must do everything for love and nothing by force." In the *Teotimo*, he states that "joy opens the heart as sadness closes it." Love is indeed the life of the heart.

However, strength must not be lacking. To the young man about to "set sail on the vast sea of the world," the bishop of Geneva advised "a vigorous heart" and "a noble heart," capable of governing desires. Francis de Sales wants a sweet and peaceful heart, pure, indifferent, a "heart stripped of affections" incompatible with the vocation, a "right" heart, "relaxed and without any constraint." He does not like the "tenderness of heart" that amounts to self-seeking and instead requires "firmness of heart" in action. "To a strong heart, nothing is impossible," he writes to a lady, encouraging her not to abandon "the course of holy resolutions." He wants a "manly heart" and at the same time a heart "docile, malleable, and submissive, yielding to all that is permitted and ready to take on every commitment out of obedience and charity"; a "sweet heart toward others and humble before God," "nobly proud" and "perpetually humble," "sweet and peaceful."

Ultimately, the education of the will aims at full self-mastery, which Francis de Sales expresses through an image: to take the heart in hand, to possess the heart or soul. "The great joy of man, *Filotea*, is to possess his own soul; and the more patience becomes perfect, the more perfectly we possess our soul." This does not mean insensitivity, absence of passions or affections, but rather a striving for self-mastery. It is a path directed toward self-autonomy, guaranteed by the supremacy of the will, free and reasonable,

but an autonomy governed by sovereign love.

Photo: Portrait of Saint Francis de Sales in the Basilica of the Sacred Heart of Jesus in Rome. Oil painting by Roman artist Attilio Palombi, donated by Cardinal Lucido Maria Parocchi.

The Evangelical Radicality of Blessed Stefano Sándor

Stefano Sándor (Szolnok 1914 – Budapest 1953) was a Salesian coadjutor martyr. A cheerful and devout young man, he studied metallurgy before joining the Salesians, becoming a master printer and mentor to boys. He enlivened youth centres, founded Catholic Workers' Youth, and transformed trenches and construction sites into "festive oratories". When the communist regime confiscated Church institutions, he continued educating and saving young people and machinery in secret. Arrested, he was hanged on 8 June 1953. Rooted in the Eucharist and devotion to Mary, he embodied the Gospel radicalism of Don Bosco through educational dedication, courage, and unshakable faith. Beatified by Pope Francis in 2013, he remains a model of Salesian lay holiness.

1. Biographical Notes

Sándor Stefano was born in Szolnok, Hungary, on 26 October 1914, to Stefano and Maria Fekete, the first of three brothers. His father was an employee of the State Railways, while his mother was a housewife. Both instilled a deep religiosity in their children. Stefano studied in his hometown, obtaining a diploma as a metallurgical technician.

From a young age, he was respected by his peers; he was cheerful, serious, and kind. He helped his younger siblings study and pray, setting an example himself. He fervently received Confirmation, committing to imitate his patron saint and Saint Peter. He served daily Mass with the Franciscan Fathers, receiving the Eucharist.

While reading the *Salesian Bulletin*, he learned about Don Bosco. He felt immediately drawn to the Salesian charism. He discussed it with his spiritual director, expressing his desire to enter the Salesian Congregation. He also spoke to his parents about it. They denied him consent and tried in every way to dissuade him. But Stefano managed to convince them, and in 1936 he was accepted at the *Clarisseum*, the Salesians' headquarters in Budapest, where he spent two years in the Aspirantate. He attended printing courses at "Don Bosco" printing house. He began the novitiate but had to interrupt it due to being called to arms.

In 1939, he obtained his final discharge and, after a year of novitiate, made his first Profession on 8 September 1940, as a Salesian Coadjutor. Assigned to the *Clarisseum*, he actively engaged in teaching in vocational courses. He was also responsible for assisting at the oratory, which he led with enthusiasm and competence. He was the promoter of the Catholic Youth Workers. His group was recognized as the best in the movement. Following Don Bosco's example, he proved to be a model educator. In 1942, he was called back to the front and earned a silver medal for military valor. The trench was for him a festive oratory that he animated in a Salesian manner, encouraging his fellow soldiers. At the end of World War II, he committed himself to the material and moral reconstruction of society, dedicating himself particularly to the poorest youth, gathering them to teach them a trade. On July 24, 1946, he made his perpetual profession. In 1948, he obtained the title of master-printer. At the end of his studies, Stefano's students were hired in the best printing houses in Budapest and Hungary.

When the State, under Mátyás Rákosi, confiscated ecclesiastical property in 1949 and began persecuting Catholic schools, which had to close their doors, Sándor tried to save what could be saved, at least some printing machines and some of the furnishings that had cost so many sacrifices. Suddenly, the religious found themselves with nothing; everything had become State property. Rákosi's Stalinism continued to rage; the religious were dispersed. Without a home, work, or community, many became clandestine. They adapted to do anything: street cleaners, farmers, laborers, porters, servants... Even Stefano had to "disappear," leaving his printing house, which had become famous. Instead of seeking refuge abroad, he remained in his homeland to save Hungarian youth. Caught in the act (he was trying to save some printing machines), he had to flee quickly and remain hidden for several months. Then, under another name, he managed to get hired in a detergent factory in the capital, but he continued his apostolate fearlessly and clandestinely, knowing it was strictly prohibited. In July 1952, he was captured at his workplace and was never seen again by his confreres. An official document certifies his trial and death sentence, carried out by hanging on June 8, 1953.

The diocesan phase of the Cause of Martyrdom began in Budapest on May 24, 2006, and concluded on December 8, 2007. On March 27, 2013, Pope Francis authorized the Congregation for the Causes of Saints to promulgate the Decree of Martyrdom and to celebrate the Beatification rite, which took place on Saturday, October 19, 2013, in Budapest.

2. Original Testimony of Salesian Holiness

The brief notes on Sándor's biography have introduced us to the heart of his spiritual journey. Contemplating the features that the Salesian vocation has taken in him, marked by the action of the Spirit and now proposed by the Church, we discover some traits of that holiness: the deep sense of God and the full and serene availability to His will; the attraction to Don Bosco and the

cordial belonging to the Salesian community; the encouraging and animating presence among the youth; the family spirit; the spiritual and prayer life cultivated personally and shared with the community; the total dedication to the Salesian mission lived in service to apprentices and young workers, to the boys of the oratory, and to the animation of youth groups. It is an active presence in the educative and social world, all animated by the charity of Christ that drives him from within!

There were also gestures that were heroic and unusual, culminating in the supreme act of giving his life for the salvation of Hungarian youth. "A young man wanted to jump onto the tram that was passing in front of the Salesian house. Misjudging his move, he fell under the vehicle. The carriage stopped too late; a wheel deeply injured his thigh. A large crowd gathered to watch the scene without intervening, while the poor unfortunate was about to bleed to death. At that moment, the gate of the school opened, and Pista (the familiar name of Stefano) ran out with a folding stretcher under his arm. He threw his jacket on the ground, crawled under the tram, and carefully pulled the young man out, tightening his belt around the bleeding thigh, and placed the boy on the stretcher. At this point, the ambulance arrived. The crowd cheered Pista enthusiastically. He blushed but could not hide the joy of having saved someone's life."

One of his boys recalls, "One day I fell seriously ill with typhus. At the hospital in Újpest, while my parents were worried about my life at my bedside, Stefano Sándor offered to give me blood if necessary. This act of generosity deeply moved my mother and all the people around me."

Even though more than sixty years have passed since his martyrdom and there has been a profound evolution in Consecrated Life, in the Salesian experience, in the vocation and formation of the Salesian Coadjutor, the Salesian path to holiness traced by Stefano Sándor is a sign and a message that

opens perspectives for today. This fulfills the affirmation of the Salesian Constitutions: "The confreres who have lived or live fully the evangelical project of the Constitutions are for us a stimulus and help in the journey of sanctification." His beatification concretely indicates that "high measure of ordinary Christian life" indicated by John Paul II in *Novo Millennio Ineunte*.

2.1. Under the Banner of Don Bosco

It is always interesting to try to identify in the mysterious plan that the Lord weaves for each of us the guiding thread of all existence. In a synthetic formula, the secret that inspired and guided all the steps of Stefano Sándor's life can be summarized in these words: following Jesus, with Don Bosco and like Don Bosco, everywhere and always. In Stefano's vocational history, Don Bosco erupts in an original way with the typical traits of a well-identified vocation, as the Franciscan parish priest wrote, presenting the young Stefano. "Here in Szolnok, in our parish, we have a very good young man: Stefano Sándor, of whom I am the spiritual father, and who, after finishing technical school, learned the trade in a metallurgical school; he receives Communion daily and would like to enter a religious order. We would have no difficulty, but he would like to enter the Salesians as a lay brother."

The flattering judgment of the parish priest and spiritual director highlights: the traits of work and prayer typical of Salesian life; a persevering and constant spiritual journey with a spiritual guide; the apprenticeship of the typographic art that he will perfect and specialize over time.

He had come to know Don Bosco through the Salesian Bulletin and the Salesian publications of Rákospalota. From this contact through the Salesian press, perhaps his passion for typography and books was born. In a letter to the Provincial of the Salesians of Hungary, Fr. János Antal, where he asks to be accepted among the sons of Don Bosco, he declared: "I feel the vocation to enter the Salesian

Congregation. There is a need for work everywhere; without work, one cannot reach eternal life. I like to work."

From the beginning, the strong and determined will to persevere in the received vocation emerges, as will indeed happen. When on May 28, 1936, he applied for admission to the Salesian novitiate, he declared that he "had known the Salesian Congregation and had been increasingly confirmed in his religious vocation, so much so that he trusted he could persevere under the banner of Don Bosco." In a few words, Sándor expresses a high-profile vocational awareness: experiential knowledge of the life and spirit of the Congregation; confirmation of a right and irreversible choice; assurance for the future of being faithful on the battlefield that awaits him.

The record of admission to the novitiate, in Italian (June 2, 1936), unanimously qualifies the experience of the Aspirantate: "With excellent results, diligent, of good piety, and offered himself for the festive oratory, was practical, of good example, received the certificate of printer, but does not yet have perfect practice." Those traits that, subsequently consolidated in the novitiate, will define his identity as a lay Salesian religious are already present: the exemplarity of life, the generous availability to the Salesian mission, the competence in the profession of printer.

On September 8, 1940, he made his religious profession as a Salesian Coadjutor. On this day of grace, we report a letter written by Pista, as he was familiarly called, to his parents. "Dear parents, I have to report an important event for me that will leave indelible marks in my heart. On September 8, by the grace of good God and with the protection of the Holy Virgin, I committed myself with my profession to love and serve God. On the feast of the Virgin Mother, I made my wedding with Jesus and promised Him with the triple vow to be His, never to separate from Him, and to persevere in fidelity to Him until death. I therefore pray all of you not to forget me in your prayers and Communions, making vows that I may remain faithful to my promise made to God. You can

imagine that it was a joyful day for me, never before experienced in my life. I think I could not have given the Madonna a more pleasing birthday gift than the gift of myself. I imagine that our good Jesus looked at you with affectionate eyes, you having been the ones who gave me to God... Affectionate greetings to all. PISTA.”

2.2. Absolute Dedication to the Mission

“The mission gives all our existence its concrete tone...”, say the Salesian Constitutions. Stefano Sándor lived the Salesian mission in the field entrusted to him, embodying pastoral educative charity as a Salesian Coadjutor, in the style of Don Bosco. His faith led him to see Jesus in the young apprentices and workers, in the boys of the oratory, in those of the street.

In the printing industry, the competent direction of the administration is considered an essential task. Stefano Sándor was responsible for the direction, practical and specific training of apprentices, and the setting of prices for printing products. “Don Bosco” printing house enjoyed great prestige throughout the Country. The Salesian editions included the *Salesian Bulletin*, *Missionary Youth*, magazines for youth, the *Don Bosco Calendar*, devotional books, and the Hungarian translation of the official writings of the General Directorate of the Salesians. It was in this environment that Stefano Sándor began to love the Catholic books that were not only prepared for printing by him but also studied.

In the service of youth, he was also responsible for the collegiate education of young people. This was also an important task, in addition to their technical training. It was essential to discipline the young, in a phase of vigorous development, with affectionate firmness. At every moment of the apprenticeship period, he stood by them as an older brother. Stefano Sándor distinguished himself for a strong personality; he possessed excellent specific education, accompanied by discipline, competence, and a community spirit.

He was not content with just one specific job but

made himself available for every need. He took on the role of sacristan of the small church of the Clarisseum and took care of the direction of the "Little Clergy." A testament to his capacity for endurance was also the spontaneous commitment to voluntary work in the flourishing oratory, regularly attended by the youth from the two suburbs of Újpest and Rákospalota. He enjoyed playing with the boys; in soccer matches, he refereed with great competence.

2.3. Religious Educator

Stefano Sándor was an educator of faith for every person, brother, and boy, especially in times of trial and at the hour of martyrdom. Indeed, Sándor had made the mission for young people his educational space, where he daily lived the criteria of Don Bosco's Preventive System – reason, religion, loving-kindness – in the closeness and loving assistance to young workers, in the help provided to understand and accept situations of suffering, in the living testimony of the presence of the Lord and His unfailing love.

In Rákospalota, Stefano Sándor zealously dedicated himself to training young printers and educating the youth of the oratory and the "Pages of the Sacred Heart." On these fronts, he showed a strong sense of duty, living his religious vocation with great responsibility and characterized by a maturity that inspired admiration and esteem. "During his printing activity, he conscientiously lived his religious life, without any desire to appear. He practiced the vows of poverty, chastity, and obedience, without any forcing. In this field, his mere presence was a testimony, without saying a word. Even the students recognized his authority, thanks to his fraternal ways. He put into practice everything he said or asked of the students, and no one thought of contradicting him in any way."

György Érseki had known the Salesians since 1945 and after World War II moved to Rákospalota, in the Clarisseum. His acquaintance with Stefano Sándor lasted until

1947. For this period, he not only offers us a glimpse of the multiple activities of the young Coadjutor, printer, catechist, and youth educator, but also a deep reading, from which emerges the spiritual richness and educational capacity of Stefano. "Stefano Sándor was a very gifted person by nature. As a pedagogue, I can affirm and confirm his observational skills and his multifaceted personality. He was a good educator and managed to handle the young people, one by one, in an optimal manner, choosing the appropriate tone with everyone. There is still a detail belonging to his personality: he considered every work a holy duty, dedicating, without effort and with great naturalness, all his energy to the realization of this sacred purpose. Thanks to an innate intuition, he was able to grasp the atmosphere and influence it positively. [...] He had a strong character as an educator; he took care of everyone individually. He was interested in our personal problems, always reacting in the most suitable way for us. In this way, he realized the three principles of Don Bosco: reason, religion, and loving-kindness... The Salesian Coadjutors did not wear the habit outside the liturgical context, but Stefano Sándor's appearance stood out from the crowd. Regarding his activity as an educator, he never resorted to physical punishment, which was prohibited according to the principles of Don Bosco, unlike other more impulsive Salesian teachers, who were unable to control themselves and sometimes slapped students. The apprentice students entrusted to him formed a small community within the school, despite being different from each other in terms of age and culture. They ate in the dining hall together with the other students, where the Bible was usually read during meals. Naturally, Stefano Sándor was also present. Thanks to his presence, the group of industrial apprentices was always the most disciplined... Stefano Sándor remained youthful, showing great understanding towards young people. By grasping their problems, he transmitted positive messages and was able to advise them both personally and religiously. His personality revealed great tenacity and resilience in work; even in the

most difficult situations, he remained faithful to his ideals and to himself.

The Salesian school of Rákospalota hosted a large community, requiring work with young people at multiple levels. In the school, alongside the printing house, there lived young Salesians in formation, who were in close contact with the Coadjutors. I remember the following names: József Krammer, Imre Strifler, Vilmos Klinger, and László Merész. These young men had different tasks from those of Stefano Sándor and also differed in character. However, thanks to their common life, they knew each other's problems, virtues, and flaws. Stefano Sándor always found the right measure in his relationship with these clerics. Stefano Sándor managed to find the fraternal tone to admonish them when they showed some shortcomings, without falling into paternalism. In fact, it was the young clerics who sought his opinion. In my view, he realized the ideals of Don Bosco. From the very first moment of our acquaintance, Stefano Sándor represented the spirit that characterized the members of the Salesian Society: a sense of duty, purity, religiosity, practicality, and fidelity to Christian principles."

A boy from that time recalls the spirit that animated Stefano Sándor: "My first memory of him is linked to the sacristy of the *Clarisseum*, where he, as the main sacristan, demanded order, imposing the seriousness due to the situation, yet always remaining himself, with his behavior, to set a good example for us. One of his characteristics was to give us directives in a moderate tone, without raising his voice, rather politely asking us to do our duties. This spontaneous and friendly behavior won us over. We truly cared for him. We were enchanted by the naturalness with which Stefano Sándor took care of us. He taught us, prayed, and lived with us, witnessing the spirituality of the Salesian Coadjutors of that time. We young people, often did not realize how special these people were, but he stood out for

his seriousness, which he manifested in church, in the printing house, and even on the playing field.”

3. Reflection of God with Evangelical Radicality

What gave depth to all this – the dedication to the mission and the professional and educative capacity – and what immediately struck those who met him was the inner figure of Stefano Sándor, that of a disciple of the Lord, who lived at every moment his consecration, in constant union with God and in evangelical fraternity. From the testimonies in the process, a complete figure emerges, also for that Salesian balance whereby the different dimensions converge in a harmonious, unified, and serene personality, open to the mystery of God lived in the everyday.

One striking aspect of such radicality is the fact that from the very novitiate, all his companions, even those aspiring to the priesthood and much younger than him, esteemed him and saw him as a model to imitate. The exemplary nature of his consecrated life and the radicality with which he lived and testified to the evangelical counsels always distinguished him everywhere, so that on many occasions, even during his imprisonment, many thought he was a priest. Such testimony speaks volumes about the uniqueness with which Stefano Sándor always lived with clear identity his vocation as a Salesian Coadjutor, highlighting precisely the specificity of Salesian consecrated life as such. Among the novitiate companions, Gyula Zsédely speaks of Stefano Sándor: “We entered together the Salesian novitiate of Saint Stephen in Mezőnyárád. Our master was Béla Bali. Here I spent a year and a half with Stefano Sándor and was an eyewitness to his life, a model of a young religious. Although Stefano Sándor was at least nine or ten years older than me, he lived with his novitiate companions in an exemplary manner; he participated in the practices of piety with us. We did not feel the age difference at all; he stood by us with fraternal affection. He edified us not only through his good example but also by giving us

practical advice regarding the education of youth. It was already evident then how he was predestined for this vocation according to the educational principles of Don Bosco... His talent as an educator stood out even to us novices, especially during community activities. With his personal charm, he inspired us to such an extent that we took for granted that we could easily tackle even the most difficult tasks. The engine of his deep Salesian spirituality was prayer and the Eucharist, as well as devotion to Our Lady Help of Christians. During the novitiate, which lasted a year, we saw in him a good friend. He became our model also in obedience, as being the oldest, he was tested with small humiliations, but he endured them with composure and without showing signs of suffering or resentment. At that time, unfortunately, there was someone among our superiors who enjoyed humiliating the novices, but Stefano Sándor knew how to resist well. His greatness of spirit, rooted in prayer, was perceptible to all."

Regarding the intensity with which Stefano Sándor lived his faith, with a *continuous union with God*, an exemplary evangelical testimony emerges, which we can well define as a "reflection of God". "It seems to me that his inner attitude stemmed from devotion to the Eucharist and to the Madonna, which had also transformed the life of Don Bosco. When he took care of us, 'Little Clergy,' he did not give the impression of exercising a profession; his actions manifested the spirituality of a person capable of praying with great fervor. For me and my peers, 'Mr. Sándor' was an ideal, and we never dreamed that everything we saw and heard was a superficial act. I believe that only his intimate life of prayer could

have nourished such behavior when, still a very young confrere, he had understood and taken seriously Don Bosco's educational method."

The evangelical radicality expressed itself in

various forms throughout the religious life of Stefano Sándor:

- In waiting patiently for the consent of his parents to enter the Salesians.

- In every step of religious life, he had to wait: before being admitted to the novitiate, he had to do the Aspirantate; admitted to the novitiate, he had to interrupt it to serve in the military; the request for perpetual profession, initially accepted, would be postponed after a further period of temporary vows.

- In the harsh experiences of military service and at the front. The confrontation with an environment that posed many traps to his dignity as a man and a Christian strengthened in this young novice the decision to follow the Lord, to be faithful to his choice of God, no matter the cost. Indeed, there is no more difficult and demanding discernment than that of a novitiate tested and scrutinized in the trench of military life.

- In the years of suppression and then imprisonment, up to the supreme moment of martyrdom.

All this reveals that gaze of faith that will always accompany the story of Stefano: the awareness that God is present and works for the good of His children.

Conclusion

Stefano Sándor, from birth until death, was a deeply religious man, who in all circumstances of life responded with dignity and coherence to the demands of his Salesian vocation. This is how he lived during the period of the Aspirantate and initial formation, in his work as a printer, as an animator of the oratory and liturgy, in the time of clandestinity and imprisonment, up to the moments preceding his death. Eager, from his early youth, to dedicate himself to the service of God and his brothers in the generous task of educating young people according to the spirit of Don Bosco, he was able to cultivate a spirit of strength and fidelity to God and to his brothers that enabled him, in the

moment of trial, to resist, first to situations of conflict and then to the supreme test of the gift of life.

I would like to highlight *the testimony of evangelical radicality* offered by this confrere. From the reconstruction of the biographical profile of Stefano Sándor emerges a real and profound journey of faith, begun from his childhood and youth, strengthened by his Salesian religious profession and consolidated in the exemplary life of a Salesian Coadjutor. A genuine consecrated vocation is particularly noticeable, animated according to the spirit of Don Bosco, by an intense and fervent zeal for the salvation of souls, especially young ones. Even the most difficult periods, such as military service and the experience of war, did not tarnish the upright moral and religious behavior of the young Coadjutor. It is on this basis that Stefano Sándor will suffer martyrdom without second thoughts or hesitations.

The beatification of Stefano Sándor engages the entire Congregation in *promoting the vocation of the Salesian Coadjutor*, welcoming his exemplary testimony and invoking in a communal form his intercession for this intention. As a lay Salesian, he managed to set a good example even for priests, with his activity among young people and with his exemplary religious life. He is a model for young consecrated persons, for the way in which he faced trials and persecutions without accepting compromises. The causes to which he dedicated himself, the sanctification of Christian work, love for the house of God, and the education of youth, are still fundamental missions of the Church and our Congregation.

As an exemplary educator of young people, particularly apprentices and young workers, and as an animator of the oratory and youth groups, he serves as an example and encouragement in our commitment to proclaim to young people *the Gospel of joy through the pedagogy of goodness*.

Educating the Faculties of Our Spirit with Saint Francis de Sales

St. Francis de Sales presents the spirit as the highest part of the soul, governed by intellect, memory, and will. At the heart of his pedagogy is the authority of reason, a “divine torch” that truly makes a person human and must guide, illuminate, and discipline passions, imagination, and the senses. To educate the spirit therefore means cultivating the intellect through study, meditation, and contemplation, exercising memory as a repository of received graces, and strengthening the will so that it consistently chooses good. From this harmony flow the cardinal virtues – prudence, justice, fortitude, and temperance – which shape free, balanced individuals capable of genuine charity.

Francis de Sales considers the spirit as the higher part of the soul. Its faculties are the intellect, memory, and will. Imagination could be part of it to the extent that reason and will intervene in its functioning. The will, for its part, is the master faculty to which particular treatment should be reserved. The spirit makes humans, according to the classic definition, a “rational animal.” “We are human only through reason,” writes Francis de Sales. After “bodily graces,” there are “gifts of the spirit,” which should be the object of our reflections and our gratitude. Among these, the author of the *Philothea* distinguishes the gifts received from nature and those acquired through education:

Consider the gifts of the spirit; how many people in the world are foolish, furiously mad, mentally deficient. Why are you

not among them? God has favoured you. How many have been educated rudely and in the most extreme ignorance; but you, divine Providence has had you raised in a civil and honourable way.

Reason, "Divine Torch"

In an Exercise of Sleep or Spiritual Rest, composed in Padua when he was twenty-three years old, Francis proposed to meditate on an astonishing topic:

I will stop to admire the beauty of the reason that God has given to man, so that, illuminated and instructed by its marvellous splendour, he may hate vice and love virtue. Oh! Let us follow the shining light of this divine torch, because it is given to us for use to see where we must put our feet! Ah! If we let ourselves be guided by its dictates, we will rarely stumble; it will be difficult to hurt ourselves.

"Natural reason is a good tree that God has planted in us; the fruits that come from it can only be good," affirms the author of the *Treatise on the Love of God*. It is true that it is "gravely wounded and almost dead because of sin," but its exercise is not fundamentally impeded.

In the inner kingdom of man, "reason must be the queen, to whom all the faculties of our spirit, all our senses, and the body itself must remain absolutely subject." It is reason that distinguishes man from animal, so we must be careful not to imitate "the apes and monkeys that are always sullen, sad, and lamenting when the moon is missing; then, on the contrary, at the new moon, they jump, dance, and make all possible grimaces." It is necessary to make "the authority of reason" reign, Francis de Sales reiterates.

Between the upper part of the spirit, which must reign, and the lower part of our being, sometimes designated by Francis de Sales with the biblical term "flesh," the struggle sometimes becomes bitter. Each front has its allies.

The spirit, "fortress of the soul," is accompanied "by three soldiers: the intellect, memory, and will." Therefore, beware of the "flesh" that plots and seeks allies on the spot:

The flesh now uses the intellect, now the will, now the imagination, which, associating against reason, leave it free field, creating division and doing a bad service to reason. [...] The flesh allures the will sometimes with pleasures, sometimes with riches; now it urges the imagination to make claims; now it arouses in the intellect a great curiosity, all under the pretext of good.

In this struggle, even when all the passions of the soul seem upset, nothing is lost as long as the spirit resists: "If these soldiers were faithful, the spirit would have no fear and would not give any weight to its enemies: like soldiers who, having sufficient ammunition, resist in the bastion of an impregnable fortress, despite the fact that the enemies are in the suburbs or have even already taken the city. It happened to the citadel of Nizza, before which the force of three great princes did not prevail against the resistance of the defenders." The cause of all these inner lacerations is self-love. In fact, "our reasonings are ordinarily full of motivations, opinions, and considerations suggested by self-love, and this causes great conflicts in the soul."

In the educative field, it is important to make the superiority of the spirit felt. "Here lies the principle of a human education," says Father Lejeune, "to show the child, as soon as his reason awakens, what is beautiful and good, and to turn him away from what is bad; in this way, to create in his heart the habit of controlling his instinctive reflexes, instead of following them slavishly. It is thus, in fact, that this process of sensualisation is formed which makes him a slave to his spontaneous desires. At the moment of decisive choices, this habit of always yielding, without controlling oneself, to instinctive impulses can prove

catastrophic.”

The Intellect, “Eye of the Soul”

The intellect, a typically human and rational faculty, which allows us to know and understand, is often compared to sight. For example, we say: “I see,” to mean: “I understand.” For Francis de Sales, the intellect is “the eye of the soul”; hence his expression “the eye of your intellect.” The incredible activity of which it is capable makes it similar to “a worker, who, with hundreds of thousands of eyes and hands, like another Argus, performs more works than all the workers in the world, because there is nothing in the world that he is not able to represent.”

How does the human intellect work? Francis de Sales has precisely analysed the four operations of which it is capable: simple thought, study, meditation, and contemplation. Simple thought is exercised on a great diversity of things, without any purpose, “as flies do that land on flowers without wanting to extract any juice, but only because they meet them.” When the intellect passes from one thought to another, the thoughts that thus cram it are ordinarily “useless and harmful.” Study, on the contrary, aims to consider things “to know them, to understand them, and to speak well of them,” with the aim of “filling the memory,” as beetles do that “land on roses for no other purpose than to satiate themselves and fill their bellies.”

Francis de Sales could have stopped here, but he knew and recommended two other higher forms. While study aims to increase knowledge, meditation aims to “move the affections and, in particular, love”: “Let us fix our intellect on the mystery from which we hope to draw good affections,” like the dove that “coos holding its breath and, by the grumbling that it produces in its throat without letting the breath out, produces its typical song.”

The supreme activity of the intellect is contemplation, which consists in rejoicing in the good known through meditation and loved through such knowledge; this time

we resemble the little birds that frolic in the cage only to "please the master." With contemplation, the human spirit reaches its peak; the author of the *Treatise on the Love of God* affirms that reason "finally vivifies the intellect with contemplation."

Let us return to study, the intellectual activity that interests us more closely. "There is an old axiom of philosophers, according to which every man desires to know." Taking up this affirmation of Aristotle on his part, as well as the example of Plato, Francis de Sales intends to demonstrate that this constitutes a great privilege. What man wants to know is the truth. The truth is more beautiful than that "famous Helen, for whose beauty so many Greeks and Trojans died." The spirit is made for the search for truth: "Truth is the object of our intellect, which, consequently, discovering and knowing the truth of things, feels fully satisfied and content." When the spirit finds something new, it experiences an intense joy, and when one begins to find something beautiful, one is driven to continue the search, "like those who have found a gold mine and push themselves further and further to find even more of this precious metal." The amazement that the discovery produces is a powerful stimulus; "admiration, in fact, has given rise to philosophy and the careful search for natural things." Since God is the supreme truth, the knowledge of God is the supreme science that fills our spirit. It is he who "has given us the intellect to know him"; outside of him there are only "vain thoughts and useless reflections!"

Cultivating One's Intelligence

What characterizes man is the great desire to know. It was this desire that "induced the great Plato to leave Athens and run so far," and "induced these ancient philosophers to renounce their bodily comforts." Some even go so far as to fast diligently "in order to study better." Study, in fact, produces an intellectual pleasure, superior to sensual pleasures and difficult to stop: "Intellectual love,

finding unexpected contentment in union with its object, perfects its knowledge, continuing thus to unite with it, and uniting ever more, does not cease to continue to do so."

It is a matter of "illuminating the intellect well," striving to "purge" it from the darkness of "ignorance." He denounces "the dullness and indolence of spirit, which does not want to know what is necessary" and insists on the value of study and learning: "Study ever more, with diligence and humility," he wrote to a student. But it is not enough to "purge" the intellect of ignorance; it is also necessary to "embellish and adorn" it, to "wallpaper it with considerations." To know a thing perfectly, it is necessary to learn well, to dedicate time to "subjecting" the intellect, that is, to fixing it on one thing before moving on to another.

The young Francis de Sales applied his intelligence not only to studies and intellectual knowledge, but also to certain subjects essential to man's life on earth, and, in particular, to "consideration of the vanity of greatness, riches, honours, comforts, and voluptuous pleasures of this world"; to "consideration of the wickedness, abjection, and deplorable misery present in vice and sin," and to "knowledge of the excellence of virtue."

The human spirit is often distracted, forgets, and is content with vague or vain knowledge. Through meditation, not only on eternal truths, but also on the phenomena and events of the world, it is able to reach a more realistic and profound vision of reality. For this reason, in the *Meditations* proposed by the author to *Philothea*, there is dedicated a first part entitled *Considerations*.

To consider means to apply the mind to a precise object, to examine its different aspects carefully. Francis de Sales invites *Philothea* to "think," to "see," to examine the different "points," some of which deserve to be considered "separately." He urges her to see things in general and then to descend to particular cases. He wants her to examine the principles, causes, and consequences of a given truth, of a

given situation, as well as the circumstances that accompany it. It is also necessary to know how to “weigh” certain words or sentences, the importance of which risks escaping us, to consider them one by one, to compare them with each other.

As in everything, so in the desire to know there can be excesses and distortions. Beware of the vanity of false wise men: some, in fact, “for the little science they have, want to be honoured and respected by all, as if everyone should go to their school and have them as teachers: therefore, they are called pedants.” Now, “science dishonours us when it swells us up and degenerates into pedantry.” What ridiculousness to want to instruct Minerva, *Minervam docere*, the goddess of wisdom! “The plague of science is presumption, which swells spirits and makes them hydroponic, as are ordinarily the wise men of the world.”

When it comes to problems that surpass us and fall within the realm of the mysteries of faith, it is necessary to “purify them from all curiosity;” we must “keep them well closed and covered in the face of such vain and foolish questions and curiosities.” It is “intellectual purity,” the “second modesty” or “inner modesty.” Finally, one must know that the intellect can be mistaken and that there is the “sin of the intellect,” such as that which Francis de Sales reproaches to the lady of Chantal, who had made a mistake by placing an exaggerated esteem in her director.

Memory and its “warehouses”

Like the intellect, so memory is a faculty of the spirit that arouses admiration. Francis de Sales compares it to a warehouse “that is worth more than those of Antwerp or Venice.” Is it not said “to store” in memory? Memory is a soldier whose fidelity is very useful to us. It is a gift from God, declares the author of the *Introduction to the Devout Life*: God has given it to you “so that you may remember him,” he says to *Philothea*, inviting her to flee “detestable and frivolous memories.”

This faculty of the human spirit needs to be

trained. When he was a student in Padua, the young Francis exercised his memory not only in his studies, but also in his spiritual life, in which the memory of benefits received is a fundamental element:

First of all, I will dedicate myself to refreshing my memory with all the good motions, desires, affections, purposes, projects, feelings, and sweetnesses that the divine Majesty has inspired and made me experience in the past, considering its holy mysteries, the beauty of virtue, the nobility of its service, and an infinity of benefits that it has freely bestowed upon me; I will also put order in my memories about the obligations I have towards her for the fact that, by her holy grace, she has sometimes weakened my senses by sending me certain illnesses and infirmities, from which I have drawn great profit.

In difficulties and fears, it is indispensable to use it "to remember the promises" and to "remain firm trusting that everything will perish rather than the promises will fail." However, the memory of the past is not always good, because it can engender sadness, as happened to a disciple of St. Bernard, who was assailed by a bad temptation when he began "to remember the friends of the world, the relatives, the goods he had left." In certain exceptional circumstances of the spiritual life "it is necessary to purify it from the memory of perishable things and from worldly affairs and to forget for a certain time material and temporal things, although good and useful." In the moral field, to exercise virtue, the person who has felt offended will take a radical measure: "I remember too much the taunts and injuries, from now on I will lose the memory."

"We must have a just and reasonable spirit"

The capacities of the human spirit, in particular of the intellect and memory, are not destined only for glorious intellectual enterprises, but also and above all for

the conduct of life. To seek to know man, to understand life, and to define the norms concerning behaviours conforming to reason, these should be the fundamental tasks of the human spirit and its education. The central part of *Philothea*, which deals with the “exercise of virtues,” contains, towards the end, a chapter that summarizes in a certain way the teaching of Francis de Sales on virtues: “We must have a just and reasonable spirit.”

With finesse and a pinch of humour, the author denounces numerous bizarre, foolish, or simply unjust behaviours: “We accuse our neighbour for little, and we excuse ourselves for much more”; “we want to sell at a high price and buy cheaply”; “what we do for others always seems a lot to us, and what others do for us is nothing”; “we have a sweet, gracious, and courteous heart towards ourselves, and a hard, severe, and rigorous heart towards our neighbour”; “we have two weights: one to weigh our comforts with the greatest possible advantage for us, the other to weigh those of our neighbour with the greatest disadvantage that can be.” To judge well, he advises *Philothea*, it is always necessary to put oneself in the shoes of one’s neighbour: “Make yourself a seller in buying and a buyer in selling.” Nothing is lost by living as “generous, noble, courteous people, with a regal, constant, and reasonable heart.”

Reason is at the base of the edifice of education. Certain parents do not have a right mental attitude; in fact, “there are virtuous children whom fathers and mothers can hardly bear because they have this or that defect in the body; there are instead vicious ones continuously pampered, because they have this or that beautiful physical gift.” There are educators and leaders who indulge in preferences. “Keep the balance straight between your daughters,” he recommended to a superior of the Visitation nuns, so that “natural gifts do not make you distribute affections and Favors unjustly.” And he added: “Beauty, good grace, and gentle speech often confer a great force of attraction on people who live according to their natural inclinations; charity has as its object true

virtue and the beauty of the heart, and extends to all without particularisms."

But it is above all youth that runs the greatest risks, because if "self-love usually distances us from reason," this perhaps happens even more in young people tempted by vanity and ambition. The reason of a young person risks being lost above all when he lets himself "be taken by infatuations." Therefore, attention, writes the bishop to a young man, "not to allow your affections to prevent judgment and reason in the choice of subjects to love; since, once it has started running, affection drags judgment, as it would drag a slave, to very deplorable choices, of which he might repent very soon." He also explained to the Visitation nuns that "our thoughts are usually full of reasons, opinions, and considerations suggested by self-love, which causes great conflicts in the soul."

Reason, source of the four cardinal virtues

Reason resembles the river of paradise, "which God makes flow to irrigate the whole man in all his faculties and activities." It is divided into four branches corresponding to the four virtues that philosophical tradition calls cardinal virtues: prudence, justice, fortitude, and temperance.

Prudence "inclines our intellect to truly discern the evil to be avoided and the good to be done." It consists in "discerning which are the most appropriate means to reach the good and virtue." Beware of passions that risk deforming our judgment and causing the ruin of prudence! Prudence does not oppose simplicity: we will be, jointly, "prudent as serpents so as not to be deceived; simple as doves so as not to deceive anyone."

Justice consists in "rendering to God, to our neighbour, and to ourselves what is due." Francis de Sales begins with justice towards God, connected with the virtue of religion, "by which we render to God the respect, honour, homage, and submission due to him as our sovereign Lord and first principle." Justice towards parents entails the duty of

piety, which “extends to all the offices that can legitimately be rendered to them, whether in honour or in service.”

The virtue of fortitude helps to “overcome the difficulties that are encountered in doing good and in rejecting evil.” It is very necessary, because the sensitive appetite is “truly a rebellious, seditious, turbulent subject.” When reason dominates the passions, anger gives way to gentleness, a great ally of reason. Fortitude is often accompanied by magnanimity, “a virtue that pushes and inclines us to perform actions of great importance.”

Finally, temperance is indispensable “to repress the disordered inclinations of sensuality,” to “govern the appetite of greed,” and to “curb the passions connected.” In effect, if the soul becomes too passionate about a pleasure and a sensible joy, it degrades itself, rendering itself incapable of higher joys.

In conclusion, the four cardinal virtues are like the manifestations of this natural light that reason provides us. By practicing these virtues, reason exercises “its superiority and the authority it has to regulate sensual appetites.”

Is Confession Still Necessary?

The Sacrament of Confession, often overlooked in today's hectic world, remains for the Catholic Church an irreplaceable source of grace and inner renewal. We invite you to rediscover its original meaning: not a mere formal ritual, but a personal encounter with God's mercy, established by Christ himself and entrusted to the ministry of the Church. In an age that

downplays sin, Confession proves to be a compass for the conscience, medicine for the soul, and a wide-open door to peace of heart.

The Sacrament of Confession: A Necessity for the Soul

In the Catholic tradition, the Sacrament of Confession—also called the Sacrament of Reconciliation or Penance—holds a central place on the journey of faith. It is not merely a formal act or a practice reserved for a few particularly devout faithful, but a profound necessity involving every Christian called to live in God's grace. In an age that tends to relativize the concept of sin, rediscovering the beauty and liberating power of Confession is fundamental to fully responding to God's love.

Jesus Christ himself instituted the Sacrament of Confession. After His Resurrection, He appeared to the Apostles and said, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained" (Jn 20:22-23). These words are not symbolic; they establish a real and concrete power entrusted to the Apostles and, through succession, to their successors, the bishops and priests.

The forgiveness of sins, therefore, does not happen only privately between man and God, but also passes through the ministry of the Church. God, in His plan of salvation, willed that personal confession before a priest be the ordinary means of receiving His forgiveness.

The Reality of Sin

To understand the necessity of Confession, one must first become aware of the reality of sin.

Saint Paul states, "For all have sinned and fall short of the glory of God" (Rom 3:23). And, "If we say we have no sin, we deceive ourselves, and the truth is not in us" (1 Jn 1:8).

No one can claim immunity from sin, not even after Baptism, which purified us from original sin. Our human nature, wounded by concupiscence, continually leads us to fall, to betray

God's love through actions, words, omissions, and thoughts. Saint Augustine writes, "It is true; man's nature was originally created without fault and without any vice. conversely, the present nature of man, through which everyone is born from Adam, now needs the Physician, because it is not healthy. Certainly, all the goods it possesses in its structure, in its life, senses, and mind, it receives from the supreme God, its creator and maker. The vice, however, which obscures and weakens these natural goods, thus making human nature needy of illumination and care, was not derived from its irreproachable maker, but from original sin which was committed through free will." (Nature and Grace).

Denying the existence of sin is tantamount to denying the truth about ourselves. Only by recognizing our need for forgiveness can we open ourselves to the mercy of God, who never tires of calling us back to Himself.

Confession: Encounter with Divine Mercy

The Sacrament of Confession is, first and foremost, a personal encounter with Divine Mercy. It is not simply self-accusation or a session of self-analysis. It is an act of love from God who, like the father in the parable of the prodigal son (Lk 15:11-32), runs to meet the repentant child, embraces him, and clothes him with new dignity.

The Catechism of the Catholic Church states: *"Those who approach the sacrament of Penance obtain pardon from God's mercy for the offense committed against him, and are, at the same time, reconciled with the Church which they have wounded by their sins and which by charity, by example, and by prayer cooperates for their conversion."* (CCC, 1422).

To confess is to allow oneself to be loved, healed, and renewed. It is to welcome the gift of a new heart.

Why Confess to a Priest?

One of the most common objections is, "Why must I confess to a

priest? Can't I confess directly to God?" Certainly, every member of the faithful can – and should – turn directly to God with a prayer of repentance. However, Jesus established a concrete, visible, and sacramental means for forgiveness: confession to an ordained minister. And this applies to every Christian, meaning also priests, bishops, and popes.

The priest acts *in persona Christi*, that is, in the person of Christ Himself. He listens, judges, absolves, and offers spiritual counsel. This is not a human mediation that limits God's love, but rather a guarantee offered by Christ Himself; forgiveness is communicated visibly, and the faithful can have certainty of it.

Furthermore, confessing before a priest demands humility, an indispensable virtue for spiritual growth. Openly acknowledging one's faults frees us from the yoke of pride and opens us to the true freedom of the children of God.

It is not enough to confess only once a year, as required by the minimum of ecclesiastical law. The saints and spiritual masters have always recommended frequent confession – even bi-weekly or weekly – as a means of progress in the Christian life.

Saint John Paul II went to confession every week. Saint Thérèse of Lisieux, despite being a Carmelite nun living in enclosure, confessed regularly. Frequent confession allows one to refine the conscience, correct ingrained faults, and receive new graces.

Obstacles to Confession

Unfortunately, many faithful today neglect the Sacrament of Reconciliation. Among the main reasons are:

Shame: fearing the priest's judgment. But the priest is not there to condemn, but to be an instrument of mercy.

Fear that confessed sins will be made public: confessors

cannot reveal to anyone, under any circumstances (including the highest ecclesiastical authorities), the sins heard in confession, even at the cost of their own lives. If they do, they immediately incur *latae sententiae* excommunication (Canon 1386, Code of Canon Law). The inviolability of the sacramental seal admits no exceptions or dispensations. And the conditions are the same even if the Confession did not end with sacramental absolution. Even after the penitent's death, the confessor is bound to observe the sacramental seal.

Lack of a sense of sin: in a culture that minimizes evil, one risks no longer recognizing the gravity of one's faults.

Spiritual laziness: postponing Confession is a common temptation that leads to a cooling of the relationship with God.

Erroneous theological convictions: some mistakenly believe that simply "repenting in one's heart" is sufficient without the need for sacramental Confession.

Despair of salvation: Some think that for them, there will be no more forgiveness anyway. Saint Augustine says: "Indeed, some, after having fallen into sin, lose themselves even more through despair and not only neglect the medicine of repentance but become slaves to lusts and wicked desires to satisfy dishonest and reprehensible cravings, as if by not doing so they would lose even that to which lust incites them, convinced they are already on the brink of certain damnation. Against this extremely dangerous and harmful disease, the memory of the sins into which even the just and holy have fallen is beneficial." (ibid.)

To overcome these obstacles, one must seek advice from those who can give it, educate oneself, and pray.

Preparing Well for Confession

A good confession requires adequate preparation, which includes:

1. Examination of conscience: sincerely reflecting on one's sins, perhaps aided by lists based on the Ten Commandments, the capital sins, or the Beatitudes.

2. Contrition: sincere sorrow for having offended God, not just fear of punishment.

3. Purpose of amendment: a real desire to change one's life, to avoid future sin.

4. Integral confession of sins: confessing all mortal sins completely, specifying their nature and number (if possible).

5. Penance: accepting and performing the act of reparation proposed by the confessor.

The Effects of Confession

Confession does not merely produce an external cancellation of sin. The internal effects are profound and transformative:

Reconciliation with God: Sin breaks communion with God; Confession re-establishes it, bringing us back into full divine friendship.

Inner peace and serenity: Receiving absolution brings profound peace. The conscience is freed from the burden of guilt, and a new joy is experienced.

Spiritual strength: Through sacramental grace, the penitent receives special strength to fight future temptations and grow in virtue.

Reconciliation with the Church: Since every sin also damages the Mystical Body of Christ, Confession also mends our bond with the ecclesial community.

The spiritual vitality of the Church also depends on the personal renewal of its members. Christians who rediscover the Sacrament of Confession become, almost without realizing it, more open to others, more missionary, more capable of

radiating the light of the Gospel in the world. Only those who have experienced God's forgiveness can proclaim it convincingly to others.

The Sacrament of Confession is an immense and irreplaceable gift. It is the ordinary way through which Christians can return to God whenever they stray. It is not a burden, but a privilege; not a humiliation, but a liberation.

We are called, therefore, to rediscover this Sacrament in its truth and beauty, to practice it with an open and trusting heart, and to joyfully propose it also to those who have strayed. As the psalmist affirms, "Blessed is the one whose transgression is forgiven, whose sin is covered" (Ps 32:1).

Today, more than ever, the world needs purified and reconciled souls, capable of testifying that God's mercy is stronger than sin. If we did not do so at Easter, let us take advantage of the Marian month of May and approach Confession without fear; there awaits us the smile of a Father who never stops loving us.

Young people's gifts to Mary (1865)

In a dream recounted by Don Bosco in the Chronicle of the Oratory, dated May 30th, Marian devotion transforms into a vivid, symbolic judgment of the Oratory's youth: a procession of boys comes forward, each bearing a gift, before an altar magnificently adorned for the Virgin. An angel, the community's guardian, accepts or rejects these offerings, unveiling their moral meaning—fragrant or withered flowers, thorns symbolizing disobedience, animals embodying grave vices

such as impurity, theft, and scandal. At the heart of this vision resonates Don Bosco's educational message: humility, obedience, and chastity are the three pillars for earning Mary's crown of roses.

Don Bosco found consolation in acts of devotion to Mary, Help of Christians, whom the whole Oratory honored particularly in the month of May. Of his "Good Nights" the chronicle records but one-a most precious one-which he gave on the 30th:

30th May

I dreamed that you boys were heading in procession toward a lofty, richly decorated altar of Our Lady. You were all singing the same hymns to Her but not in the same way: many sang beautifully, others rather poorly and some totally out of tune. I saw too that some kept silent, strayed from the ranks, yawned or kept disturbing others.

Everyone carried gifts, mostly flowers, to Our Lady. The bouquets differed in size and kind. There were bouquets of roses, carnations, violets and so on. Some boys carried very odd presents, such as pigs' heads, cats, slimy toads, rabbits, lambs and so on. A handsome youth stood by the altar. A close look would show that he had wings. He may have been the Oratory's guardian angel. As you boys presented your gifts, he took each and placed it on the altar.

The first to reach the altar offered gorgeous bouquets which the angel silently placed on it. From other bouquets, instead, he had to remove decayed or scentless flowers, such as dahlias, camelias and the like, because Mary is not satisfied with mere looks. Some bouquets even had thorns and nails which, of course, were promptly plucked out and thrown away.

When a boy carrying a pig's head came up, the angel said to him, "How dare you offer this to Our Lady? Don't you know that this animal symbolizes the ugly vice of impurity? Mary Most Pure cannot tolerate such a sin. Step aside. You are not worthy to stand in Her presence."

To those who offered a cat the angel said: "Don't you know

better? A cat represents theft, and you dare present it to Mary? Those who take what does not belong to them, those who steal food from the house, tear their clothes out of spite or waste their parents' money by not studying as they ought, are nothing but thieves!" These too the angel ordered to withdraw. He was equally indignant with boys offering toads. "Toads symbolize the shameful sin of scandal, and dare you offer them to Our Lady? Step aside.

Join the unworthy ones." These boys too shamefully withdrew. Some lads came up with a knife stuck in their hearts, a symbol of sacrilege. "Don't you realize that there is death in your soul?" the angel asked them. "If it weren't for God's mercy, you would be lost forever. For heaven's sake, have that knife removed from your heart!"

Eventually the rest of the boys reached the altar and presented their gifts-lambs, rabbits, fish, nuts, grapes and so on. The angel took them and placed them before Our Lady. Then he lined up all the boys whose gifts had been accepted in front of the altar. I noticed to my deep regret that those who had been made to step aside were much more numerous than I had thought.

Two other angels now appeared at each side of the altar carrying ornate baskets filled with gorgeous, exceedingly beautiful crowns of roses. They were not earthly roses, but heaven-grown, symbolizing immortality. With these the guardian angel crowned all the boys ranged before Our Lady's altar. I noticed among them many whom I had never seen before. Another remarkable thing is this: some of the most beautiful crowns went to boys who were so ugly as to be almost repulsive. Obviously, the virtue of holy purity which they eminently possessed amply made up for their unattractive appearance. Many other boys possessed this virtue too, though not to the same degree. Youngsters excelling in obedience, humility, or love of God were also crowned according to their deserts.

The angel then addressed all the boys as follows: "It was Our Lady's wish that you should be crowned today with these beautiful roses. See to it that they may never be taken from

you. Humility, obedience and chastity will safeguard them for you. With these three virtues you will always find favor with Mary and one day receive a crown infinitely more beautiful than that you wear today.”

All of you then sang the first stanza of the *Ave Maris Stella*. Afterward you turned around and filed away as you had come, singing the hymn *Lodate Maria* so full-heartedly that I was really amazed. I followed you for a while; then I went back to take a look at the boys whom the angel had pushed aside, but they were no longer there.

My dear children, I know who was crowned and who was turned down.

The latter I will warn privately so that they may strive to bring gifts pleasing to Our Lady.

Now let me make a few observations:

1. All you were carrying a variety of flowers, but unfailingly every bouquet had its share of thorns-some more, some less. After much thinking I came to the conclusion that these thorns symbolized acts of disobedience, such as keeping money instead of depositing it with Father Prefect, asking leave to go to one place and then going to another, being late to school, eating on the sly, going to other boys' dormitories although knowing that this is always strictly forbidden, lingering in bed after rising time, neglecting prescribed practices of piety, talking during times of silence, buying books and not submitting them for approval, sending or receiving letters on the sneak, and buying and selling things among yourselves. This is what the thorns stand for.

“Is it a sin to break the house rules?” many will ask.

After seriously considering this question, my answer is a firm “yes.” I will not say whether it is mortal or venial. Circumstances will determine that, but it certainly is a sin. Some might counter that the Ten Commandments say nothing about obeying house rules. Well, the Fourth Commandment says: “*Honor thy father and thy mother.*” Do you know what “*father*” and

“mother” stand for? Not only parents, but also those who take their place. Besides, doesn't Holy Scripture say: “... *Obey your superiors*”? [Heb. 13, 17] If you must obey them, it follows that they have the power to command. This is why we have rules, and these must be obeyed.

2. Some bouquets had nails among the flowers, the nails which crucified Jesus. How could that be? As usual, one starts with little things and goes on to more serious ones ... He allows himself undue liberties and falls into mortal sin. This is how nails managed to find their way into those bouquets, how they again crucified Jesus, as St. Paul says: “... crucifying again ... the Son of God.” [Heb. 6, 6]

3. Many bouquets contained rotten or scentless flowers, symbols of good works done in the state of mortal sin – and therefore unmeritorious – or from human motives such as ambition, or solely to please teachers and superiors. That's why the angel, after scolding those boys for daring to offer such things to Our Lady, sent them back to trim their bouquets. Only after they had done this did the angel accept them and place them on the altar. In returning to the altar, these boys did not follow any order, but went up to the angel as soon as they had trimmed their bouquets and then joined those to be crowned.

In this dream I saw both your past and your future. I have already spoken of it to many of you. I shall likewise tell the rest. Meanwhile, my children, see to it that the Blessed Virgin may always receive gifts from you which She will not have to refuse.

(BM VIII, 73-76)

Opening photo: Carlo Acutis during a visit to the Marian Shrine of Fátima.

St Dominic Savio. The places of his childhood

Saint Dominic Savio, the “little great saint,” lived his brief but intense childhood among the hills of Piedmont, in places now steeped in memory and spirituality. On the occasion of his beatification in 1950, this young disciple of Don Bosco was celebrated as a symbol of purity, faith, and devotion to the Gospel. We retrace the principal places of his childhood—Riva presso Chieri, Morialdo, and Mondonio—through historical testimonies and vivid accounts, revealing the family, scholastic, and spiritual environment that forged his path to sainthood.

The Holy Year 1950 was also the year Dominic Savio was beatified, which took place on 5 March. The 15-year-old disciple of Don Bosco was the first lay saint ‘confessor’ to ascend the altars at such a young age.

On that day, St Peter’s Basilica was packed with young people who bore witness, by their presence in Rome, to a Christian youth entirely open to the most sublime ideals of the Gospel. It was transformed, according to Vatican Radio, into an immense and noisy Salesian Oratory. When the veil covering the figure of the new Blessed fell from Bernini’s rays, a frenzied applause rose from the whole basilica and the echo reached the square, where the tapestry depicting the Blessed was uncovered from the Loggia of Blessings.

Don Bosco’s educational system received its highest recognition on that day. We wanted to revisit the places of Dominic’s childhood after re-reading the detailed information of Fr Michele Molineris in his *Nuova Vita di Domenico Savio*, in which he describes with his well-known solid documentation what the biographies of St Dominic Savio

do not say.

At Riva presso Chieri

Here we are, first of all, in [San Giovanni di Riva presso Chieri](#), the hamlet where our “little great Saint” was born on 2 April 1842 to Carlo Savio and Brigida Gaiato, as the second of ten children, inheriting his name and birthright from the first, who survived only 15 days after his birth.

His father, as we know, came from Ranello, a hamlet of Castelnuovo d’Asti, and as a young man had gone to live with his uncle Carlo, a blacksmith in Mondonio, in a house on today’s Via Giunipero, at no. 1, still called ‘ca dèlfré’ or blacksmith’s house. There, from ‘Barba Carlòto’ he had learned the trade. Some time after his marriage, contracted on 2 March 1840, he had become independent, moving to the Gastaldi house in San Giovanni di Riva. He rented accommodation with rooms on the ground floor suitable for a kitchen, storeroom and workshop, and bedrooms on the first floor, reached by an external staircase that has now disappeared.

The Gastaldi heirs then sold the cottage and adjoining farmhouse to the Salesians in 1978. And today a modern youth centre, run by Salesian Past Pupils and Cooperators, gives memory and new life to the little house where Dominic was born.

In Morialdo

In November 1843, i.e. when Dominic had not yet reached the age of two, the Savio family, for work reasons, moved to [Morialdo](#), the hamlet of Castelnuovo linked to the name of St John Bosco, who was born at Cascina Biglione, a hamlet in the Becchi district.

In Morialdo, the Savios rented a few small rooms near the entrance porch of the farmstead owned by Viale Giovanna, who had married Stefano Persoglio. The whole farm was later sold by their son, Persoglio Alberto, to Pianta Giuseppe and family.

This farmstead is also now, for the most part, the property of the Salesians who, after restoring it, have used it for meetings for children and adolescents and for visits by pilgrims. Less than 2 km from Colle Don Bosco, it is situated in a country setting, amidst festoons of vines, fertile fields and undulating meadows, with an air of joy in spring and nostalgia in autumn when the yellowing leaves are gilded by the sun's rays, with an enchanting panorama on fine days, when the chain of the Alps stretches out on the horizon from the peak of Monte Rosa near Albugnano, to Gran Paradiso, to Rocciamelone, down as far as Monviso. It is truly a place to visit and to use for days of intense spiritual life, a Don Bosco-style school of holiness.

The Savio family stayed in Morialdo until February 1853, a good nine years and three months. Dominic, who lived only 14 years and eleven months, spent almost two thirds of his short existence there. He can therefore be considered not only Don Bosco's pupil and spiritual son, but also his countryman.

In Mondonio

Why the Savio family left Morialdo is suggested by Fr Molineris. His uncle the blacksmith had died and Dominic's father could inherit not only the tools of the trade but also the clientele in Mondonio. That was probably the reason for the move, which took place, however, not to the house in Via Giunipero, but to the lower part of the village, where they rented the first house to the left of the main village street, from the Bertello brothers. The small house consisted, and still consists today, of a ground floor with two rooms, adapted as a kitchen and workroom, and an upper floor, above the kitchen, with two bedrooms and enough space for a workshop with a door on the street ramp.

We know that Mr and Mrs Savio had ten children, three of whom died at a very young age and three others, including Dominic, did not reach the age of 15. The mother died in 1871 at the age of 51. The father, left alone at home

with his son John, after having taken in the three surviving daughters, asked Don Bosco for hospitality in 1879 and died at Valdocco on 16 December 1891.

Dominic had entered Valdocco on 29 October 1854, remaining there, except for short holiday periods, until 1 March 1857. He died eight days later at [Mondonio](#), in the little room next to the kitchen, on 9 March of that year. His stay at Mondonio was therefore about 20 months in all, at Valdocco 2 years and 4 months.

Memories of Morialdo

From this brief review of the three Savio houses, it is clear that the one in Morialdo must be the richest in memories. San Giovanni di Riva recalls Dominic's birth, and Mondonio a year at school and his holy death, but Morialdo recalls his life in the family, in church and at school. '*Minòt*', as he was called there – how many things he must have heard, seen and learnt from his father and mother, how much faith and love he showed in the little church of San Pietro, how much intelligence and goodness at the school run by Fr Giovanni Zucca, and how much fun and liveliness in the playground with his fellow villagers.

It was in Morialdo that Dominic Savio prepared for his First Communion, which he then made in the parish church of Castelnuovo on 8 April 1849. It was there, when he was only 7 years old, that he wrote his "Reminders", that is, the resolutions for his First Communion:

1. I will go to confession very often and take communion as often as the confessor gives me permission;
2. I want to keep feast days holy;
3. My friends will be Jesus and Mary;
4. Death but not sin.

Memories that were the guide for his actions until the end of his life.

A boy's demeanour, way of thinking and acting reflect the environment in which he lived, and especially the family in which he spent his childhood. So if one wants to

understand something about Dominic, it is always good to reflect on his life in that farmstead in Morialdo.

The family

His was not a farming family. His father was a blacksmith and his mother a seamstress. His parents were not of robust constitution. The signs of fatigue could be seen on his father's face, his mother's face stood out for its delicate lines. Dominic's father was a man of initiative and courage. His mother came from the not too distant Cerreto d'Asti where she kept a dressmaker's shop "and with her skill she made it possible for the local inhabitants to get clothes there rather than go elsewhere." And she was still a seamstress in Morialdo too. Would Don Bosco have known this? His conversation with little Dominic who had gone to look for him at the Becchi was interesting:

"Well, what do you think?"

"It seems to me that there is good stuff (in piem.: Eh, m'a smia ch'a-j'sia bon-a stòfa!)."

"What can this fabric be used for?"

"To make a beautiful suit to give to the Lord."

"So, I am the cloth: you be the tailor; take me with you (in piem.: ch'èmpija ansema a chiel) and you can make a beautiful suit for the Lord." (OE XI, 185).

A priceless conversation between two countrymen who understood each other at first sight. And their language was just right for the dressmaker's son.

When their mother died on 14 July 1871, the parish priest of Mondonio, Fr Giovanni Pastrone, said to his weeping daughters, to console them: "Don't cry, because your mother was a holy woman; and now she is already in Paradise."

Her son Dominic, who had preceded her into heaven by several years, had also said to her and to his father, before he passed away: "Do not weep, I already see the Lord and Our Lady with open arms waiting for me." These last words of his, witnessed by his neighbour Anastasia Molino, who was present at the time of his death, were the seal of a joyful

life, the manifest sign of that sanctity that the Church solemnly recognised on 5 March 1950, later giving it definitive confirmation on 12 June 1954 with his canonisation.

Frontispiece photo. The house where Dominic died in 1857. It is a rural dwelling, likely dating from the late 17th century. Rebuilt upon an even older house, it is one of the most cherished landmarks for the people of Mondonio.

The way to hell paved with feeble resolutions (1873)

San Giovanni Bosco recounts in a “good night” the result of a long plea to Mary Help of Christians: to understand the main cause of eternal damnation. The answer, received in repeated dreams, is shocking in its simplicity: the lack of a firm, concrete resolution at the end of Confession. Without a sincere decision to change one’s life, even the sacrament becomes ineffective and sins are repeated.

A solemn warning: Why do so many go to destruction? Because they do not make good resolutions when they go to confession.

At the “Good Night” on May 31, 1873, Don Bosco gave his pupils a serious warning, which, he said, was “the result of his humble prayers” and came from the Lord:

Throughout the whole month of May-he said-particularly during the novena of Mary, Help of Christians, I constantly offered Masses and prayers to Our Lord and the Blessed Virgin imploring them to let me know what, most of all drags souls into hell. I do not say now that the Lord did or

did not enlighten me. I only say that almost every night I dreamed that this is due to the lack of firm resolves in confessions. I seemed to see boys leaving church after confession, their heads sprouting two horns.

What causes this? I asked myself. *Ah, this is due to feeble resolutions.* That's why so many go frequently to confession but never mend their ways and keep confessing the same sins over and over again. There are some (I am only conjecturing. not going on anything heard in confession, because of the seal) who at the start of the school year were doing rather poorly in studies and are still doing no better: there are others who griped and are still griping. I thought it best to let you know this, because it is the result of my humble prayers and because it does come from the Lord.

Publicly he gave no other details, but undoubtedly he took advantage of this dream to encourage and admonish. What little he did say and the way he said it constituted a grave warning, such as should frequently be given to our boys.
(*BM X, 48-49*)

Educating our emotions with Saint Francis de Sales

Modern psychology has demonstrated the importance and influence of emotions in the life of the human psyche, and everyone knows that emotions are particularly strong during youth. But there is hardly talk anymore of the "passions of the soul," which classical anthropology has carefully analysed, as evidenced by the work of Francis de Sales, and, in particular, when he writes that "the soul, as such, is the source of the passions." In his vocabulary, the term "emotion"

did not yet appear with the connotations we attribute to it. Instead, he would say that our "passions" in certain circumstances are "moved." In the educational field, the question that arises concerns the attitude that is appropriate to have in the face of these involuntary manifestations of our sensibility, which always have a physiological component.

"I am a poor man and nothing more"

All those who knew Francis de Sales noted his great sensitivity and emotionality. The blood would rush to his head and his face would turn red. We know of his outbursts of anger against the "heretics" and the courtesan of Padua. Like any good Savoyard, he was "usually calm and gentle, but capable of terrible outbursts of anger; a volcano under the snow." His sensitivity was very much alive. On the occasion of the death of his little sister Jeanne, he wrote to Jane Frances de Chantal, who was also dismayed:

Alas, my Daughter: I am a poor man and nothing more. My heart has been touched more than I could ever imagine; but the truth is that your grief as well as my mother's have contributed a great deal to this: I was afraid for your heart as well as my mother's.

At the death of his mother, he did not hide that the separation had made him shed tears. He certainly had the courage to close her eyes and mouth and give her a last kiss, but after that, he confided to Jane Frances de Chantal, "my heart swelled greatly, and I wept for this good mother more than I had ever done since the day I embraced the priesthood." In fact, he did not systematically restrain from manifesting his feelings externally. He accepted them serenely given his humanistic approach. A precious testimony from Jane Frances de Chantal informs us that "our saint was not exempt from feelings and outbursts of passions, and did not want to be freed from them."

It is commonly known that the passions of the soul

influence the body, causing external reactions to their internal movements: "We externalize and manifest our passions and the movements that our souls have in common with animals through the eyes, with movements of the eyebrows, forehead and entire face." Thus, it is not in our power not to feel fear in certain circumstances: "It is as if one were to say to a person who sees a lion or a bear coming towards them: Do not be afraid." Now, "when feeling fear, one becomes pale, and when we are called to account for something that displeases us, our blood rushes to our faces and we become red, or feeling displeasure can also make tears well up in our eyes." Children, "if they see a dog barking, they immediately start screaming and do not stop until they are near their mother."

When Ms. de Chantal meets her husband's murderer, how will her "heart" react? "I know that, without a doubt, that heart of yours will throb and feel shaken, and your blood will boil," her spiritual director predicts, adding this lesson of wisdom: "God makes us see with our own eyes, through these emotions, how true it is that we are made of flesh, bone, and spirit."

The twelve passions of the soul

In ancient times, Virgil, Cicero, and Boethius broke the passions of the soul down to four, while Saint Augustine knew only one dominant passion, love, articulated in turn into four secondary passions: "Love that tends to possess what it loves is called cupidity or *desire*; when it achieves and possesses it, it is called *joy*; when it flees what is contrary to it, it is called *fear*; if it happens to lose it and feels the weight of it, it is called *sadness*."

In *Philothea*, Francis de Sales points out seven, comparing them to the strings that the luthier must tune from time to time: *love, hate, desire, fear, hope, sadness, and joy*.

In the *Treatise on the Love of God*, on the other hand, he lists up to twelve. It is surprising that "this multitude of passions [...] is left in our souls!" The first

five have as their object the good, that is, everything that our sensibility makes us spontaneously seek and appreciate as good for us (we think of the fundamental goods of life, health, and joy):

*If good be considered in itself according to its natural goodness, it excites **love**, the first and principal passion; if good be regarded as absent, it provokes us to **desire**; if being desired we think we are able to obtain it, we enter into hope; if we think we are unable, we feel **despair**; but when we possess it as present, it moves us to **joy**.*

The other seven passions are those that make us spontaneously react negatively to everything that appears to us as evil to be avoided and fought against (we think of illness, suffering, and death):

*As soon as we discover evil, we **hate** it; if it is absent, we **fly** it; if we cannot avoid it, we **fear** it; if we think we can avoid it, we grow bold and **courageous**; but if we feel it present, we grieve, and then **anger** and wrath suddenly rush forth to reject and repel the evil or at least to take vengeance for it. If we cannot succeed we remain in **grief**. But if we repulse or avenge it we feel satisfaction and satiation, which is a pleasure of **triumph**, for as the possession of good gladdens the heart, so the victory over evil exalts the spirits.*

As can be noted, to the eleven passions of the soul proposed by Saint Thomas Aquinas, Francis de Sales adds victory over evil, which “exalts the spirits” and provokes the joy of triumph.

Love, the first and main passion

As was easy to foresee, love is presented as the “first and main passion”: “Love comes first, among the passions of the soul: it is the king of all the outbursts of the heart, it transforms everything else into itself and makes

us be what it loves." "Love is the first passion of the soul," he repeats.

It manifests itself in a thousand ways and its language is very diversified. In fact, "it is not expressed only in words, but also with the eyes, with gestures, and with actions. As far as the eyes are concerned, the tears that flow from them are proof of love." There are also the "sighs of love." But these manifestations of love are different. The most habitual and superficial is the emotion or passion, which puts sensitivity in motion almost involuntarily.

And *hate*? We spontaneously hate what appears to be evil. It should be noted that among people there are forms of hatred and instinctive, irrational, unconscious aversions, like those that exist between a mule and a horse, or between a vine and cabbages. We are not responsible for these at all, because they do not depend on our will.

Desire and flight

Desire is another fundamental reality of our soul. Everyday life triggers multiple desires, because desire consists in the "hope of a future good." The most common natural desires are those that "concern goods, pleasures, and honours."

On the other hand, we spontaneously flee from the evils of life. The human will of Christ pushed Him to *flee* from the pains and sufferings of passion; hence the trembling, anguish, and sweating of blood.

Hope and despair

Hope concerns a good that one believes can be obtained. Philothea is invited to examine how she behaved as regards "hope, perhaps too often placed in the world and in creatures; and too little in God and eternal things."

As for *despair*, look for example at that of the "youth who aspire to perfection": "As soon as they encounter a difficulty along their path, one immediately gets a feeling of disappointment, which pushes him/her to make many complaints,

so as to give the impression of being troubled by great torments. Pride and vanity cannot tolerate the slightest defect, without immediately feeling strongly disturbed to the point of despair."

Joy and sadness

Joy is "satisfaction for the good obtained." Thus, "when we meet those we love, it is not possible not to feel moved by joy and happiness." The possession of a good infallibly produces a complacency or joy, as the law of gravity moves the stone: "It is the weight that shakes things, moves them, and stops them: it is the weight that moves the stone and drags it down as soon as the obstacles are removed; it is the same weight that makes it continue the movement downwards; finally, it is always the same weight that makes it stop and settle when it has reached its place."

Sometimes joy comes with laughter. "Laughter is a passion that erupts without us wanting it and it is not in our power to restrain it, all the more so as we laugh and are moved to laugh by unforeseen circumstances." Did Our Lord laugh? The bishop of Geneva thinks that Jesus smiled when He wanted to: "Our Lord could not laugh, because for Him nothing was unforeseen, since He knew everything before it happened; He could, of course, smile, but He did so deliberately."

The young Visitation nuns, sometimes seized by uncontrollable laughter when a companion beat her chest or a reader made a mistake during the reading at the table, needed a little lesson on this point: "Fools laugh at every situation, because everything surprises them, not being able to foresee anything; but the wise do not laugh so lightly, because they employ reflection more, which makes them foresee the things that are to happen." That said, it is not a defect to laugh at some imperfection, "provided one does not go too far."

Sadness is "sorrow for pain that is present." It "disturbs the soul, provokes immoderate fears, makes one feel disgust for prayer, weakens and lulls the brain to sleep,

deprives the soul of wisdom, resolution, judgment, and courage, and annihilates strength"; it is "like a harsh winter that ruins all the beauty of the earth and makes all the animals indolent; because it takes away all sweetness from the soul and makes it as lazy and impotent in all its faculties."

In certain cases, it can lead to weeping: a father, when sending his son to court or to study, cannot refrain "from crying when saying goodbye to him"; and "a daughter, although she has married according to the wishes of her father and mother, moves them to tears when receiving their blessing." Alexander the Great wept when he learned that there were other lands that he would never be able to conquer: "Like a child who whines for an apple that is denied him, that Alexander, whom historians call the Great, more foolish than a child, begins to weep warm tears, because it seems impossible for him to conquer the other worlds."

Courage and fear

Fear refers to a "future evil." Some, wanting to be brave, hang around somewhere during the night, but "as soon as they hear a stone fall or the rustle of a mouse running away, they start screaming: My God! – What is it, they are asked, what did you find? – I heard a noise. – But what? – I don't know." It is necessary to be wary, because "fear is a greater evil than the evil itself."

As for *courage*, before being a virtue, it is a feeling that supports us in the face of difficulties that would normally overwhelm us. Francis de Sales experienced it when undertaking a long and risky visit to his mountain diocese:

I was about to mount my horse for the pastoral visit, which would last about five months. [...] I left full of courage, and, since that morning, I felt a great joy in being able to begin, although, before, for several days, I had experienced vain fears and sadness.

Anger and the feeling of triumph

As for *anger* or *wrath*, we cannot prevent ourselves from being seized by it in certain circumstances: "If they tell me that someone has spoken ill of me, or that I am being treated with any other form of discourtesy, I immediately fly into a rage and there isn't a vein in my body that isn't twisting, because the blood is boiling." Even in the Visitation monasteries, occasions for irritation and anger were not lacking, and the attacks of the "irascible appetite" were felt to be overwhelming. There is nothing strange in this: "To prevent the resentment of anger from awakening in us and the blood from rising to our heads will never be possible; we will be fortunate if we can reach this perfection a quarter of an hour before we die." It can also happen "that anger upsets and turns my poor heart upside down, that my head smokes from all sides, that the blood boils like a pot on the fire."

The satisfaction of anger, for having overcome evil, provokes the exhilarating emotion of triumph. He who triumphs "cannot contain the transport of his joy."

In search of balance

Passions and outbursts of the soul are most often independent of our will: "It is not expected of you to not have no passions; it is not in your power," he said to the Daughters of the Visitation, adding: "What can a person do to have such and such a temperament, subject to this or that passion? Everything therefore lies in the actions that we derive from it by means of that movement, which depends on our will."

One thing is certain, moods and passions make a person an extremely variable being in terms of one's psychological "temperature," just like climatic variations. "His/her life flows on this earth like water, fluctuating and undulating in a perpetual variety of movements." "Today one will be excessively happy, and, immediately after, exaggeratedly sad. In carnival time one will see

manifestations of joy and cheerfulness, with foolish and crazy actions, then, immediately afterwards, you will see such exaggerated signs of sadness and boredom so as to make one think that these are terrible and, apparently, irremediable things. Another, at present, will be too confident and nothing will frighten him, and, immediately afterwards, he will be seized by an anguish that will sink him down to the ground."

Jane de Chantal's spiritual director identified the different "seasons of the soul" experienced by her at the beginning of her fervent life very well:

I see that all the seasons of the year are in your soul. Now you feel the winter through all the barrenness, distractions, heaviness and boredom; now the dew of the month of May with the scent of the little holy flowers, and now the warmth of the desires to please our good God. Only autumn remains of which, as you say, you do not see many fruits. Well, it often happens that, threshing the wheat or pressing the grapes, one finds a more abundant fruit than the harvests and the vintage promised. You would like for it to always be spring or summer; but no, my Daughter: the alternation of the seasons must take place inside as well as outside. Only in Heaven will everything be spring as regards beauty, everything will be autumn as regards enjoyment and everything will be summer as regards love. Up there, there will no longer be winter, but here it is necessary for the exercise of self-denial and the thousand small beautiful virtues, which are exercised in the time of aridity.

The health of the soul as well as that of the body cannot consist in eliminating these four moods, rather in obtaining a "invariability of moods." When one passion predominates over the others, it causes diseases of the soul; and since it is extremely difficult to regulate it, it follows that people are bizarre and variable, so that nothing else is discerned among them but fantasies, inconstancy and stupidity.

What is good about passions is that they allow us

“to exercise the will to acquire virtues and spiritual vigilance.” Despite certain manifestations, in which one must “suffocate and repress the passions,” for Francis de Sales it is not about eliminating them, which is impossible, rather controlling them as much as possible, that is, moderating them and orienting them to an end that is good.

It is not, therefore, about pretending to ignore our psychic manifestations, as if they did not exist (which once again is impossible), but of “constantly watching over one’s heart and one’s spirit to keep the passions in order and under the control of reason; otherwise there will only be originality and unequal behaviours.” Philothea will not be happy, if not when she has “sedated and pacified so many passions that [they] caused [her] restlessness.”

Having a constant spirit is one of the best ornaments of Christian life and one of the most lovable means of acquiring and preserving the grace of God, and also of edifying one’s neighbour. “Perfection, therefore, does not consist in the absence of passions, but in their correct regulation; the passions are to the heart as the strings to a harp: they must be tuned so that we can say: We will praise you with the harp.”

When passions make us lose inner and outer balance, two methods are possible: “opposing contrary passions to them, or opposing greater passions of the same kind.” If I am disturbed by the “desire for riches or voluptuous pleasure,” I will fight such passion with contempt and flight, or I will aspire to higher riches and pleasures. I can fight physical fear with the opposite, which is courage, or by developing a healthy fear regarding the soul.

The love of God, for its part, imprints a true conversion on the passions, changing their natural orientation and presenting them with a spiritual end. For example, “the appetite for food is made very spiritual if, before satisfying it, one gives it the motive of love: and no, Lord, it is not to please this poor belly, nor to satisfy this appetite that I go to the table, but, according to your Providence, to

maintain this body that you have made subject to such misery; yes, Lord, because it has pleased you so.”

The transformation thus operated will resemble an “artifice” used in alchemy that changes iron into gold. “O holy and sacred alchemy! – writes the Bishop of Geneva -, O divine powder of fusion, with which all the metals of our passions, affections and actions are changed into the purest gold of heavenly delight!”.

Moods of the soul, passions and imaginations are deeply rooted in the human soul: they represent an exceptional resource for the life of the soul. It will be the task of the higher faculties, reason and above all will, to moderate and govern them. A difficult undertaking: Francis de Sales accomplished it successfully, because, according to what the mother of Chantal affirms, “he possessed such absolute dominion over his passions as to render them obedient as slaves; and in the end they almost no longer appeared.”