 Reading time: 7 min.

1. Biographical Profile

The Venerable Joseph Augustus Arribat was born on 17 December 1879 in Trédou (Rouergue – France). The poverty of his family forced the young Augustus to begin secondary school at the Salesian oratory in Marseilles only at the age of 18. Due to the political situation at the turn of the century, he began Salesian life in Italy and received the cassock from the hands of Blessed Michael Rua. Back in France he began, like all his confreres, Salesian life in a semi-clandestine state, first in Marseilles and then in La Navarre, founded by Don Bosco in 1878.

Ordained a priest in 1912, he was called to arms during the First World War and worked as a stretcher-bearer nurse. After the war Fr Arribat continued to work intensively at La Navarre until 1926, after which he went to Nice where he stayed until 1931. He returned to La Navarre as rector and at the same time was in charge of the parish of St Isidore in the valley of Sauvebonne. His parishioners called him “the saint of the valley”.

At the end of his third year, he was sent to Morges, in the canton of Vaud, Switzerland. He then received three successive mandates of six years each, first in Millau, then in Villemur and finally in Thonon in the diocese of Annecy. His most dangerous and grace-filled period was probably his assignment in Villemur during the Second World War. Returning to La Navarre in 1953, Fr Arribat remained there until his death on 19 March 1963.

2. Profoundly a man of God

A man of daily duty, nothing was secondary for him, and everyone knew that he got up very early to clean the pupils’ toilets and the courtyard. Having become rector of the Salesian house, and wanting to do his duty to the end and to perfection, out of respect and love for others, he often finished his days very late, shortening his hours of rest. On the other hand, he was always available, welcoming to all, knowing how to adapt to everyone, be it benefactors and large landowners, or house servants, maintaining a permanent concern for the novices and confreres, and especially for the young people entrusted to him.

This total gift of self manifested itself to the point of heroism. During the Second World War he did not hesitate to host Jewish families and young people, exposing himself to the grave risk of indiscretion or denunciation. Thirty-three years after his death, those who had directly witnessed his heroism recognised the value of his courage and the sacrifice of his life. His name is inscribed in Jerusalem, where he was officially recognised as a “Righteous Among the Nations”.

He was recognised by everyone as a true man of God, who did “everything out of love, and nothing by constraint” as St Francis de Sales used to say. Here is the secret of hos affect on people, the full extent of which he himself perhaps did not realise.

All witnesses noted the living faith of this servant of God, a man of prayer, without ostentation. His faith was the radiant faith of a man always united with God, a true man of God, and in particular a man of the Eucharist.

When celebrating Mass or when praying, a kind of fervour emanated from him that could not go unnoticed. One confrere declared that: “seeing him make his great sign of the cross, everyone felt a timely reminder of God’s presence. His recollection at the altar was impressive.” Another Salesian recalls that “he made his genuflections to perfection with a courage, an expression of adoration that led to devotion.” The same person said that “He strengthened my faith.”

His vision of faith shone through in the confessional and in spiritual conversations. He communicated his faith. A man of hope, he relied on God and his Providence at all times, keeping calm in the storm and spreading a sense of peace everywhere.

This deep faith was further refined in him during the last ten years of his life. He no longer had any responsibilities and could no longer read easily. He lived only on the essentials and testified to this with simplicity by welcoming all those who knew well that his semi-blindness did not prevent him from seeing clearly into their hearts. At the back of the chapel, his confessional was a place besieged by young people and neighbours from the valley.

3. “I did not come to be served…”

The image that witnesses have preserved of Fr Augustus is that of the servant of the Gospel, but in the most humble sense. Sweeping the courtyard, cleaning the pupils’ toilets, washing the dishes, caring for and watching over the sick, spading the garden, raking the park, decorating the chapel, tying the children’s shoes, combing their hair, nothing repulsed him and it was impossible to divert him from these humble exercises of charity. The “good father” Arribat, was more generous with concrete actions than with words: he willingly gave his room to the occasional visitor, who risked being less comfortably accommodated than him. His availability was permanent, of all times. His concern for cleanliness and dignified poverty did not leave him alone, because the house had to be cosy. As a man who made friends easily, he took advantage of his long trips to greet everyone and engage in conversation, even with people who hated priests.

Fr Arribat lived over thirty years at Navarre, in the house that Don Bosco

himself wanted to place under the protection of St Joseph, head and servant of the Holy Family, a model of faith in hiddenness and discretion. In his solicitude for the material needs of the house and through his closeness to all the people dedicated to manual labour, peasants, gardeners, workers, handymen, kitchen or laundry people, this priest made people think of St Joseph, whose name he also bore. And did he not die on 19 March, the feast of St Joseph?

4. An authentic Salesian educator

"Providence has entrusted me in a special way with the care of children," he said to sum up his specific vocation as a Salesian, a disciple of Don Bosco, at the service of the young, especially the most needy.

Fr Arribat had none of the particular qualities that easily impress young people outwardly. He was not a great sportsman, nor a brilliant intellectual, nor a talker who drew crowds, nor a musician, nor a man of the theatre or cinema, none of this! How to explain the influence he exerted on young people? His secret was none other than what he had learned from Don Bosco, who conquered his small world with three things considered fundamental in the education of youth: reason, religion and loving-kindness. As the "father and teacher of youth" he knew how to speak the language of reason with the young, to motivate, explain, persuade, convince his pupils, avoiding the impulses of passion and anger. He placed religion at the centre of his life and action, not in the sense of forced imposition, but in the luminous testimony of his relationship with God, Jesus and Mary. As for loving kindness, with which he won the hearts of young people, it is worth recalling about the servant of God what St Francis de Sales said: "You catch more flies with a spoonful of honey than with a barrel of vinegar."

Particularly authoritative is the testimony of Fr Peter Ricaldone, Don Bosco's future successor, who wrote after his canonical visit in 1923-1924: "Fr Augustus Arribat is a catechist, confessor and reads the conduct marks! He is a holy confrere. Only his kindness can make his various duties less incompatible'. Then he repeats his praise: "He is an excellent confrere, not too healthy. Because of his good manners he enjoys the confidence of the older young men who almost all go to him.".

One thing that was striking was the almost ceremonious respect he showed to everyone, but especially to the children. He would call a little eight-year-old "Monsieur". One lady testified: "He respected the other so much that the other was almost forced to elevate himself to the dignity that was bestowed on him as a child of God, and all this without even talking about religion."

Open-faced and smiling, this son of St Francis de Sales and Don Bosco

bothered no one. While his thin body and asceticism recalled the holy curé of Ars and Fr Rua, his smile and gentleness were typically Salesian. As one witness put it: “He was the most natural man in the world, full of humour, spontaneous in his reactions, young at heart.”

His words, which were not those of a great orator, were effective because they emanated from the simplicity and fervour of his soul.

One of his former students testified: “In our children’s heads, in our childhood conversations, after hearing the stories of the life of John Mary Vianney, we used to think of Fr Arribat as if he were the Holy Curé of Ars to us. The hours of catechism, presented in simple but true language, were followed with great attention. During Mass, the pews at the back of the chapel were always full. We had the impression that we were meeting God in his goodness and this marked our youth.”

5. Fr Arribat an ecologist?

Here is an original trait to complete the picture of this seemingly ordinary figure. He was regarded almost as an ecologist before this term was widespread. A small farmer, he had learnt to deeply love and respect nature. His youthful compositions are full of freshness and very fine observations, with a touch of poetry. He spontaneously shared the work of this rural world, where he lived much of his long life.

Speaking of his love for animals, how many times was he seen as “the good father, with a box under his arm, full of breadcrumbs, laboriously making the path from the refectory to his doves with very painful little steps.” An incredible fact for those who did not see it, says the person who witnessed the scene, were the doves – as soon as they saw him, they came forward as if to welcome him. He opened the cage and immediately they came to him, some of them standing on his shoulders. “He spoke to them with words I cannot remember, but it was as if he knew them all. When a young boy brought him a baby sparrow that he had taken from the nest, he told him: “You must give it freedom”. A story is also told of a rather ferocious wolfhound which only he was able to tame, and which came to lie next to his coffin after his death.

Fr Augustus Arribat’s brief spiritual profile has shown us some of the spiritual features of the faces of saints he felt close to: the loving kindness of Don Bosco, the asceticism of Fr Rua, the gentleness of St Francis de Sales, the priestly piety of the holy curé of Ars, the love of nature of St Francis of Assisi and the constant and faithful work of St Joseph.