 Reading time: 13 min.

As a very young priest, Don Bosco published a booklet, in tiny format, entitled "Exercise of Devotion to God's Mercy".

It all began with the Marchioness Barolo

The Marchioness Giulia Colbert di Barolo (1785-1864), declared Venerable by Pope Francis on 12 May 2015, personally cultivated a special devotion to divine mercy, so she had the custom of a week of meditations and prayers on the subject introduced to the religious and educational communities she founded near Valdocco. But she was not satisfied. She wanted this practice to spread elsewhere, especially in parishes, among the people. She sought the consent of the Holy See, which not only granted it, but also granted various indulgences for this devotional practice. At this point, it was a question of making a publication suitable for the purpose.

We are now in the summer of 1846, when Don Bosco, having overcome the serious crisis of exhaustion that had brought him to the brink of the grave, had withdrawn to spend time with Mamma Margaret at the Becchi to convalesce and had by then "resigned" from his much appreciated service as chaplain to one of the Barolo works, to the great displeasure of the Marchioness herself. But "his young people" called him to the newly rented Pinardi house.

At this point the famous patriot Silvio Pellico, secretary-librarian to the Marchioness and an admirer and friend of Don Bosco, who had set some of his poems to music, intervened. The Salesian memoirs tell us that Pellico, with a certain boldness, proposed to the Marchioness that she commission Don Bosco to do the publication she was interested in. What did the Marchioness do? She accepted, albeit not too enthusiastically. Who knows? Perhaps she wanted to put him to the test. And Don Bosco, too, accepted.

A theme close to his heart

The theme of God's mercy was among his spiritual interests, those on which he had been formed in the seminary in Chieri and especially at the Turin *Convitto*. Only two years earlier he had finished attending the lessons of his fellow countryman Saint Joseph Cafasso, just four years older than him, but his spiritual director, whose sermons he followed at retreats for priests, but also the formator for half a dozen other founders, some even saints. Well then, Cafasso, although a child of the religious culture of his time – made up of prescriptions and "doing good to

escape divine punishment and deserve Paradise" – did not miss an opportunity in both his teaching and preaching to speak of God's mercy. And how could he not do so when he was constantly devoted to the Sacrament of Penance and to assisting those condemned to death? All the more so since such indulgent devotion at the time was a pastoral reaction against the rigours of Jansenism that supported the predestination of those who were saved.

So, Don Bosco, as soon as he returned from the country at the beginning of November, set to work, following the pious practices approved by Rome and spread throughout Piedmont. With the help of a few texts that he could easily find in the Convitto library which he knew well, at the end of the year he published at his own expense a small booklet of 111 pages, tiny format, entitled "Exercise of devotion to God's Mercy". He immediately gave it to the girls, women and Sisters at the Barolo foundations. It is not documented, but logic and gratitude would have it that he also made a gift of it to the Marchioness Barolo, the promoter of the project: but the same logic and gratitude would have it that the Marchioness did not let herself be outdone in generosity, sending him, perhaps anonymously as on other occasions, a contribution of her own to the expenses.

There is no space here to present the "classic" contents of Don Bosco's booklet of meditations and prayers; we would just like to point out that its basic principle is: "everyone must invoke God's Mercy for himself and for all people, because 'we are all sinners' […] all in need of forgiveness and grace […] all called to eternal salvation."

Significant, then, is the fact that at the conclusion of each day of the week Don Bosco, by way of "devotional exercises", assigns a practice of piety: invite others to intervene, forgive those who have offended us, make an immediate mortification to obtain mercy from God for all sinners, give some alms or replace them with the recitation of prayers etc. On the last day, the practice is replaced by a nice invitation, perhaps even alluding the Marchioness Barolo, to say "at least one *Hail Mary* for the person who has promoted this devotion!"

Educational practice

But beyond the writings with edifying and formative purposes, one can ask how Don Bosco in fact educated his youngsters to trust in divine mercy. The answer is not difficult and could be documented in many ways. We will limit ourselves to three vital experiences lived at Valdocco: the sacraments of Confession and Communion and his figure of a "father full of goodness and love".

Confession

Don Bosco initiated hundreds of young people from Valdocco into adult Christian life. But by what means? Two in particular: Confession and Communion.

Don Bosco, as we know, is one of the great apostles of Confession, and this is first of all because he exercised this ministry to the full, as did, for that matter, his teacher and spiritual director Cafasso mentioned above, and the much admired figure of his almost contemporary the saintly Curé d'Ars (1876-1859). If the latter's life, as has been written, "was spent in the confessional" and if Cafasso was able to offer many hours of the day ("the necessary time") to listen in confession to "bishops, priests, religious, eminent laymen and simple people who flocked to him", Don Bosco could not do the same because of the many occupations in which he was immersed. Nevertheless, he made himself available in the confessional for the young people (and the Salesians) every day that religious services were celebrated at Valdocco or in Salesian houses, or on special occasions.

He had begun to do this as soon as he had finished "learning to be a priest" at the Convitto (1841-1844), when on Sundays he would gather the young men in the wandering oratory over two years, when he went to hear confessions at the Consolata or in the Piedmontese parishes to which he was invited, or when he took advantage of carriage or train journeys to hear confessions from coachmen or passengers. He never stopped doing this until the very end, and when asked not to tire himself out with confessions, he replied that by now it was the only thing he could do for his young people. And what was his sorrow when, due to bureaucratic reasons and misunderstandings, his confession licence was not renewed by the archbishop! The testimonies about Don Bosco as a confessor are innumerable and, in fact, the famous photograph depicting him in the act of confessing a young boy surrounded by so many others waiting to do so, must have pleased the saint himself, who was maybe behind the idea. It still remains a significant and indelible icon of his figure in the collective imagination.

But beyond his experience as a confessor, Don Bosco was a tireless promoter of the sacrament of Reconciliation. He spoke of its necessity, its importance, the usefulness of receiving it frequently. He pointed out the dangers of a celebration lacking the necessary conditions, and illustrated the classic ways of approaching it fruitfully. He did this through lectures, good nights, witty mottos and little words in the ear, circular letters to the young people at the colleges, personal letters, and by recounting numerous dreams focusing on confession, either well or badly done. In accordance with his intelligent catechetical practice, he told them episodes of conversions of great sinners, and also his own personal experiences in this regard.

Don Bosco, who knew the youthful soul in depth, used love and gratitude to

God, whom he presented in his infinite goodness, generosity and mercy in order to lead all young people to sincere repentance. Instead, to shake the coldest and most hardened hearts, he described the likely punishments of sin and impressed them with vivid descriptions of divine judgement and Hell. Even in these cases, however, not satisfied with urging the boys to be sorry for their sins, he tried to bring them to the need for divine mercy, an important provision to anticipate their forgiveness even before sacramental confession. Don Bosco, as usual, did not enter into doctrinal matters. He was only interested in a sincere confession, which therapeutically heals the wound of the past, recomposes the spiritual fabric of the present for a future of a “life of grace”.

Don Bosco believed in sin, believed in serious sin, believed in hell and spoke of their existence to readers and listeners. But he was also convinced that God is mercy in person, which is why he has given us the sacrament of Reconciliation. And so he insisted on the conditions for receiving it well, and above all on the confessor as “father” and “doctor” and not so much as “doctor and judge”: “The confessor knows how much greater than your faults is the mercy of God who grants you forgiveness through his intervention” (Life of Michael Magone, pp. 24-25).

According to Salesian memoirs, he often suggested to his youngsters to invoke divine mercy, not to be discouraged after sin, but to return to confession without fear, trusting in the goodness of the Lord and then making firm resolutions for good.

As an “educator in the youth field” Don Bosco felt the need to insist less on *ex opere operato* and more on *ex opere operantis*, that is, on the dispositions of the penitent. At Valdocco everyone felt invited to make a good confession, all felt the risk of bad confessions and the importance of making a good confession; many of them then felt they were living in a land blessed by the Lord. It was not for nothing that divine mercy had caused a deceased young man to wake up after the funeral shroud had been pulled away so that he could confess his sins (to Don Bosco).

In short, the sacrament of confession, well explained in its specific features and frequently celebrated, was perhaps the most effective means by which the Piedmontese saint led his young people to trust in God’s immense mercy.

Communion

But Communion, the second pillar of Don Bosco’s religious pedagogy, also served its purpose.

Don Bosco is certainly one of the greatest promoters of the sacramental practice of frequent Communion. His doctrine, modelled on the Counter-Reformation way of thinking, gave importance to Communion rather than to the

liturgical celebration of the Eucharist, even if there was an evolution in its frequency. In the first twenty years of his priestly life, in the wake of St. Alphonsus, but also of the Council of Trent and before that of Tertullian and St Augustine, he suggested weekly Communion, or several times a week or even daily depending on the perfection of the dispositions corresponding to the graces of the sacrament. Dominic Savio, who at Valdocco had begun to go to confession and communion every fortnight, then went on to receive it every week, then three times a week, finally, after a year of intense spiritual growth, every day, obviously always following the advice of his confessor, Don Bosco himself.

Later, in the second half of the 1860s, on the basis of his pedagogical experiences and a strong theological current in favour of frequent Communion, which saw the French Bishop de Ségur and the prior of Genoa Fr Giuseppe Frassinetti as leaders, Don Bosco moved on to inviting his young men to receive Communion more often, convinced that it allowed decisive steps in the spiritual life and favoured their growth in the love of God. And in the case of the impossibility of daily Sacramental Communion, he suggested spiritual Communion, perhaps during a visit to the Blessed Sacrament, so much appreciated by St Alphonsus. However, the important thing was to keep the conscience in a state to be able to receive Communion every day: the decision was in a way up to the confessor.

For Don Bosco, every Communion worthily received – the prescribed fasting, state of grace, willingness to detach oneself from sin, a beautiful thanksgiving afterwards – cancels daily faults, strengthens the soul to avoid them in the future, increases confidence in God and in his infinite goodness and mercy; moreover, it is a source of grace to succeed in school and in life, it is help in bearing sufferings and overcoming temptations.

Don Bosco believes that Communion is a necessity for the “good” to keep themselves as such and for the “bad” to become “good”. It is for those who want to become saints, not for the saints, like medicine is given to the sick. Obviously, he knows that its reception alone is not a sure indication of goodness, as there are those who receive it very lukewarmly and out of habit, especially since the very superficiality of young people often does not allow them to understand the full importance of what they are doing.

With Communion then, one can implore from the Lord particular graces for oneself and for others. Don Bosco’s letters are full of requests to his young men to pray and receive Communion according to his intention, so that the Lord may grant him good success in the “affairs” of every order in which he finds himself immersed. And he did the same with all his correspondents, who were invited to approach this sacrament to obtain the graces requested, while he would do the same in the

celebration of Holy Mass.

Don Bosco cared so much that his boys grew up nourished by the sacraments, but he also wanted the utmost respect for their freedom. And he left precise instructions to his educators in his treatise on the Preventive System: “Never force young people to attend the holy sacraments but only encourage them, and give them the comfort of taking advantage of them.”

At the same time, however, he remained adamant in his conviction that the sacraments are of paramount importance. He wrote peremptorily: “Say what you will about the various systems of education, but I find no sure basis except in the frequency of Confession and Communion” (The Young Shepherd Boy from the Alps, the Life of Francis Besucco from Argentera, 1864. p. 100).

Fatherliness and mercy

God’ mercy, at work particularly at the time of the sacraments of Confession and Communion, then found its external expression not only in a Don Bosco “father confessor”, but also “father, brother, friend” of the young men in ordinary everyday life. With some exaggeration it could be said that their confidence in Don Bosco was such that many of them hardly made a distinction between Don Bosco “confessor” and Don Bosco “friend” and “brother”; others could sometimes exchange the sacramental accusation with the sincere effusions of a son towards his father; on the other hand Don Bosco’s knowledge of the young was such that with sober questions he inspired them with extreme confidence and not infrequently knew how to make the accusation in their place.

The figure of God the father, merciful and provident, who throughout history has shown his goodness from Adam onwards towards men, righteous or sinners, but all in need of help and the object of paternal care, and in any case all called to salvation in Jesus Christ, is thus modulated and reflected in the goodness of Don Bosco “Father of his young people”, who only wants their good, who does not abandon them, always ready to understand them, pity them, forgive them. For many of them, orphans, poor and abandoned, accustomed from an early age to hard daily work, the object of very modest manifestations of tenderness, children of an era in which what prevailed was decisive submission and absolute obedience to any constituted authority, Don Bosco was perhaps the caress never experienced by a father, the “tenderness” of which Pope Francis speaks.

His letter to the young men of the Mirabello house at the end of 1864 is still moving: “Those voices, those cheers, that kissing and shaking hands, that cordial smile, that talking to each other about the soul, that encouraging each other to do good are things that embalm my heart, and for that reason I cannot think about

them without feeling moved to tears. I will tell you […] that you are the apple of my eye" (*Epistolario* II edited by F. Motto II, letter no. 792).

Even more moving is his letter to the young men of Lanzo on 3 January 1876: "Let me tell you and let no-one take offence, you are all thieves; I say it and I repeat it – you have stolen everything from me. When I was at Lanzo, you enchanted me with your benevolence and loving kindness, you bound the faculties of my mind with your pity; I was still left with this poor heart, whose affections you had already stolen from me entirely. Now your letter signed by 200 friendly and dearest hands have taken possession of this whole heart of mine, and nothing remains except a lively desire to love you in the Lord, to do you good and save the souls of all of you" (Epistolario III, letter no. 1389).

The loving kindness with which he treated and wanted the Salesians to treat the boys had a divine foundation. He affirmed this by quoting an expression from St. Paul: 'Charity is benign and patient; it suffers all things, but hopes all things, and sustains all troubles'.

Loving kindness was therefore a sign of mercy and divine love that escaped sentimentalism and forms of sensuality because of the theological charity that was its source. Don Bosco communicated this love to individual boys and also to groups of them: "That I bear you much affection, I don't need to tell you, I have given you clear proof of it. That you love me, I do not need to tell you, because you have constantly shown it to me. But on what is this mutual affection of ours founded? […] So the good of our souls is the foundation of our affection" (Epistolary II, no. 1148). Love of God, the theological *primum*, is thus the foundation of the pedagogical *primum*.

Loving-kindness was also the translation of divine love into truly human love, made up of right sensitivity, amiable cordiality, benevolent and patient affection tending to deep communion of the heart. In short, the effective and affective love that is experienced in a privileged form in the relationship between the educand and the educator, when gestures of friendship and forgiveness on the part of the educator induce the young person, by virtue of the love that guides the educator, to open up to confidence, to feel supported in his effort to surpass himself and to commit himself, to give consent and to adhere in depth to the values that the educator lives personally and proposes to him. The young person understands that this relationship reconstructs and restructures him as a man. The most arduous undertaking of the Preventive System is precisely that of winning the young person's heart, of enjoying his esteem, his trust, of making him a friend. If a young person does not love the educator, he can do very little of the young person and for the young person.

Works of mercy

We could now continue with the works of mercy, which the Catechism distinguishes between corporal and spiritual works, setting out two groups of seven. It would not be difficult to document both how Don Bosco lived, practised and encouraged the practice of these works of mercy and how by his “being and working” he in fact constituted a sign and visible witness, in deeds and words, of God’s love for mankind. Due to space limitations, we limit ourselves to indicating the possibility of research. It remains, however, that today they seem to be abandoned also because of the false opposition between mercy and justice, as if mercy were not a typical way of expressing that love which, as such, can never contradict justice.